

Healing with the Angels

By Nancy Freier & Sreper, Angel of the Great White Light



Over the years of communicating with Sreper, Angel of the Great White Light, 'they' have outlined various measures we could take spiritually to help maintain our physical health and well-being. A theme emerged from listening to them, convincing me that we were created whole and perfect, and that we lacked nothing. But what did that mean? Why do we suffer with so much illness and 'dis-ease' on Earth? Sreper repeatedly gave messages such as what follows:

Dear Ones, we say to you it is God's Will for you to be well. Keep your heart clear and your intentions centered on maintaining good health, for whatever you set your personal, creative sights on will manifest in physical form.

The Universal Law of Consciousness states that for as long as you have a physical body, that body can become ill, depending on where you place your personal beliefs and how you use the co-creative power given to you as your birthright from the Creator. In its natural state, this power is neutral but it will take on whatever emotional charge you give it by your thoughts and beliefs.

You were born into a body and into the physical universe to gain the experience of using this power to co-create. You, and everyone else on Earth, is creating the mass-consciousness experience, and although it may seem difficult for you to rise above this ambient belief system (what we refer to as the Earth's 'prevailing weather'), it can be done by staying conscious of where you place your attention. Do you give your power away to some person, place, or thing that then has control over you? We caution you to be vigilant and keep watch over your thoughts – each and every one of them, for they are programming what will happen to you and to your body in the future. Disease and wellness comes from you, not from outside yourself.

Believe in the image and likeness in which you were created. Believe in complete wholeness, then regardless of whatever dis-ease is prevailing on the planet, you will not become sick. Some people will get sick to get attention from their loved ones, to gain control over another, or to escape a situation, but we say you do not need to create illness in order to accomplish another goal.

All disease is caused by thoughts of disease. When you change 'disease thoughts' to 'wellness thoughts,' you also change the experience you will have. This will happen as soon as you are ready to do the inner work and are totally ready to release the need for disease. Start with the willingness to learn the lesson the 'disease' presents to you. Then in doing so, the lesson is learned, the illness is released, and peace, health and happiness will then prevail, causing random bursts of joy to occur! Isn't that what you really want?

You see, the angels come into your lives to encourage you to reach toward a more joyful goal. They encourage you to set your sights higher. "Set the pace for a new avenue of self-expression and for a future bright with your dreams-fulfilled. You are the leaders of this new wave of consciousness that is sweeping the planet, and along with it comes a cleansing of the hearts and minds of

individuals everywhere. The journey may appear difficult only because you are pioneers cutting a fresh path through a dense forest of old beliefs. You are now planting revolutionary, Light-filled thoughts in a new world.

Be brave and joyful warriors as you go forward on this journey. Call on your angels for their love and guidance, and we will shower you with love, encouragement, and sharp knives to cut away the debris. Your struggle with the woes of the world is about to end, and it will end when you release the need for disease to manifest anywhere in your life, or in your body.

Stand tall, be firm in your new resolve and remain mindful. We come to help you rise above the pain of learning! We say you can do it, and you must do it, for it is Divine Law. We hold the plan of your life to work out for you. It shall be on Earth as it is in Heaven – bright with glorious Light and without sickness anywhere. Treasure this thought and carry it in your heart always. Let us create a new reality in which everyone wants to live and thrive.

Q. What role do Guardian Angels play in our wellness?

Ask your angels for guidance and it is given you. Seek and you will find. Call on us and we are at your side assisting you in all of the heartfelt goals wherein you ask for Light. We are ready to take you higher. We talk to you. We walk with you. We place new and creative, light-producing and life-giving ideas in you. We open your heart to love. We are patient and wait for you to align with us. We are here to let you know love is always a choice for you to make cancelling any other decision you have made previously.

A few short years ago people were not as aware of their angels as they are now. We say that there has been much new awareness about us and we are pleased. Indeed, there is a celebration all across Heaven when one in Earth joins with us.

There is a great new awakening sweeping through hearts and minds across the planet. We are now able to reach through the density of your realm, through the darkness that you had been shrouded in, and pull you up into a glorious state of being whenever you ask us to, and whenever you are ready. This is the role we play. We invite you to call on us for we are ever-ready to assist you, but it is always your choice how you live your life. We wait by the side of the road until you ask us to unite your journey with ours.

Q. How does the healing process take place?

The angels are of the vibration of Love and Light, which is the highest frequency of the energies known to you on Earth. Healing is inspired from this realm, as we (the angels), emanate this energy from the realm of Love and Light where we abide. In that union, healing is automatically instilled into whoever we touch simply by touching them. This higher vibration of Light and Love radiates outwardly into the world of form, targeting all things of a lower vibration which it heals simply because Light is more powerful than dark.

Light and Love energy cannot be lowered to, let's say, match your density, but will always raise a lower vibration up to its (higher) level. This is what you call "healing" or a "raising of vibration." When a healing occurs, the lower vibration is actually swallowed up into the higher, faster one, and then disappears taking the lower physical manifestation of illness with it. In other words, the higher vibration will raise any lower vibration up to its level, thus healing and releasing it. Darkness is lower in vibration than Light and therefore we can say illness IS darkness. The act of extending healing from one being to another is an act of Love, an act of sharing Light, and an act of healing.