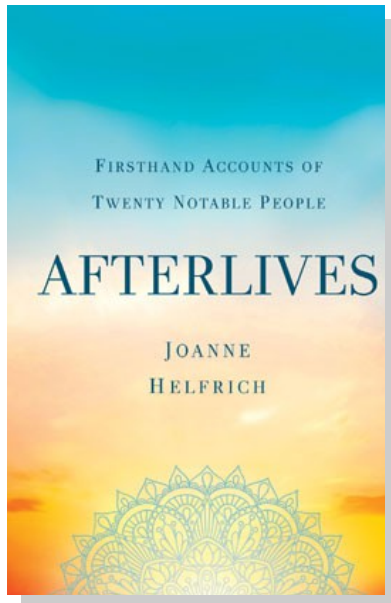


March 2022 Overview by Steve Freier

Afterlives: Firsthand Accounts of Twenty Notable People

By Joanne Helfrich



Afterlives is an impressive collection of the afterlife accounts of some of the most remarkable people of modern times: Anthony Bourdain, Hunter S. Thompson, Ayn Rand, Martin Luther King, Jr., Harriet Tubman, Thomas Paine, Johann Wolfgang von Goethe, Albert Einstein, Carl Jung, Hildegard von Bingen, Paramahansa Yogananda, J.D. Salinger, George Harrison, James Baldwin, Kurt Vonnegut, Aldous Huxley, Robin Williams, and Jane Roberts. The personalities report on their physical life and also on their afterlife experiences, comment on world events, and share their impressive perspectives on the nature of reality from their expanded perspectives in the Afterlife.

For many people, playing with a Ouija board seems to lead to trouble. However for Joanne Helfrich it eventually led to writing this wonderful book called *Afterlives, Firsthand Accounts of Twenty Notable People!* It all started a few years ago back around 2013 when Joanne became interested in the Seth Material which paved the way

for many other channelers and is a classic in it's own right.

Joanne was intrigued by the process of channeling information from a higher intelligence. And the Seth Material has inspired a lot of people to try their hand at channeling as well. For Joanne the next step after reading the Seth Material was to play with a Ouija board, and in a very short order she was doing automatic writing which evolved into 'air typing' on a computer keyboard. That led to her first book, *The Way of Spirit: Teachings of Rose*. Rose is her non-physical guide and source of inspiration. And then in 2016 she was inspired to bring through famous author, J.D. Salinger with the book, "*The Afterlife of J.D. Salinger: A Beautiful Message from Beyond.*"



With the unexpected death of Anthony Bourdain in June 2018 Joanne was inspired to try to make contact with Anthony. Once she had established contact with him, Anthony suggested that another famous writer who had died of suicide was available, Hunter S. Thompson the Gonzo Journalist of the 1970s. Following that she realized she was on to something and then the next famous writer she was connected to turned out to be Ayn Rand!

I have been involved with many channelers over the years and I have never met anyone who was able to do what Joanne has done in this book. What makes it credible is that each personality that she brings through 'sounds like' that person when they were alive on Earth. Further evidence of this is provided

by analyst, Lance St. John Butler of the Sir Arthur Conan Doyle Center in England who is a retired professor and an expert in stylization. He found it difficult to believe that any non-expert could write in so many distinct styles, including himself, so that it's entirely likely that Joanne is in reality channeling the actual persons from the Otherside. And what makes it even more interesting is that many of personalities, once they are 'dead,' are able to express themselves from their expanded state of consciousness and are thus not limited to their earthly personality any longer.

Another interesting aspect is that at the beginning of each chapter many times Joanne is questioning her ability and asking questions of the personalities that she's bringing through for confirmation, and then as the book progresses we realize that there are certain threads of ideas that are tossed about and discussed from personality to another, and this I found to give the dialogue an even greater strength.

Interestingly, toward the end we realize that this entire project was guided by a committee headed by someone you would never expect to be mature enough to handle such an important job. I'll leave that for you to discover for yourself, just who that is! No spoilers here!

So far this book has not received much publicity but if you care to consult the book reviewers on Amazon you will find that all of them provide five star reviews and many interesting comments. Here are just a couple.

"What I loved most ...was how each one of these individuals are personally experiencing their own afterlife environment and especially the joy they feel upon the expansion of their consciousness, growing beyond who they once were, even while retaining their unique individualities." - Ellen Gilbert

"Atlas shrugged my World! I am glowing on the inside. That is the effect that Afterlives has had on my universe. I have never had such a poignant shift in my perspectives and perceptions. This book has altered my life in so many ways..." - Bridget Bartley

Find the book on [Amazon!](https://amzn.to/3LfNrfb) <https://amzn.to/3LfNrfb>