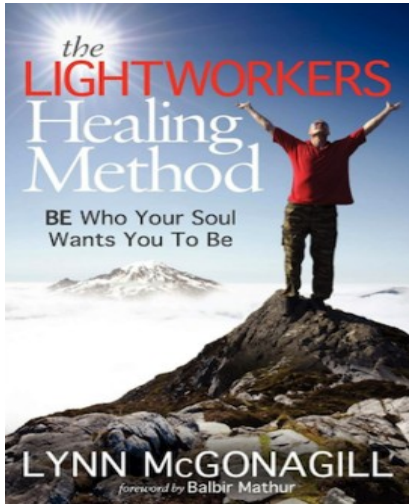


The Lightworker's Healing Method

by Lynn McGonagill



In my ongoing quest for knowledge and wisdom I recently came across the Lightworkers Healing Method or LHM for short. It is summarized in a book titled, “*The Lightworkers Healing Method: BE Who Your Soul Wants You To Be*” which is a how-to manual of the Lightworkers Healing Method™ channeled by Lynn McGonagill of Sarasota, Florida. It seems that Sarasota is a Mecca for New Age people of all stripes. Lynn McGonagill is the Founder and Teaching Channel of the LHM and according to her website, she has invested 23 years in training with her higher-dimension Avatars. She has worked with thousands of clients, and her unique, angelically guided energy healing method

through to others, through a series of progressive experiential weekend workshops at various locations across the country, including Kripalu and the Institute of Noetic Sciences.

Her book, *The Lightworkers Healing Method: BE Who Your Soul Wants You To Be*, is actually a how-to manual of the Lightworkers Healing Method™ core curriculum. It is said that she channels Higher Dimension teachers “just like Esther Hicks channels Abraham,” and she also heals people “just like John of God.” But the most amazing thing about her is that she teaches other people to do the same thing. She says that her method is a skill that anyone can learn. Her mission? “To help everyone live their own missions, their own soul plans. To help everyone BE who their souls came here to be, and become part of the transformation.” A very noble goal, and I hope she can pull it off.



According to her bio, before dedicating herself to her work with the higher-dimension Avatars to channel her LHM healing method, Lynn had a successful 20 year career in business. She began that career at the prestigious Price Waterhouse accounting firm, was the Controller with a \$200 million manufacturing company, and was a partner in another

accounting firm. She was living a ‘normal’ life as a CPA with her own company. She was very close to her brother, Allen, who at age 29 had become very ill. In his final weeks, Allen had undergone a near death and revival experience. Afterward, he promised Lynn that if he died, if he could he would come back to tell her about it.

My favorite part of Lynn’s story is the chapter, “Scared By a Ghost,” which takes place a couple of weeks after Allen’s death. In February 1990, Allen kept his promise. One day she went to the laundry room. She said that she “was engaged in that [ahem] deeply spiritual activity of tossing out the junk mail ... and there he was standing right outside of the window, about six feet away. He had a big goofy grin on his face, clearly very pleased to have again played a really good practical joke on me, as he had done all his life. ...I could feel Allen laughing his nonexistent head off. This was the best prank he’d pulled on me yet!”

After recovering from the shock of that first unexpected meeting, over the next 16 months Lynn gradually followed her brother into the higher dimensions. By compelling her to continually reach higher to meet him with each contact, Allen slowly taught her inter-dimensional travel. Then, one day in June of 1991, a breakthrough occurred. Lynn was asking Allen for help about a particular personal issue when he exclaimed, “You’re just missing it! You’re missing the whole thing!” He then turned sideways and disappeared! Behind where he had been, she could see many beings, all out-of-body, just like him.

Eventually, Lynn realized there were Guides in that group: wise, loving beings absolutely determined to support those of us still in body. At that point, the Guides, Angels and Lightbeings took over Lynn’s training, showing her ways to work with Universal Energy. “The Guides opened doors to other times, other dimensions, other vibrations and to the endless healing power and loving force of Divine flow and the Lightworkers Healing Method was born.” In 1994, the messages began: “You aren’t doing your work in the world. Sell your accounting practice.” However, she ignored her guidance. But the Universe had other plans to push her out of her cozy nest. She became ill; disabled with fibromyalgia, and since she could no longer work, she was forced to leave the business world. After trying to heal herself with everything from western medicine, to raw foods, to Reiki and finding no relief, she decided to try the ‘energy tricks’ she’d been learning. Needless to say, this method brought her back to health, and through her own healing journey, she found healing for many others. In 1999, she began seeing clients — just a few friends at first, then gradually her training intensified as she facilitated these healing sessions with more and more people.

In every session her Teachers showed Lynn new facets, new techniques, new doorways to help people come into vibrational alignment with their soul’s plan for their life. In 2007, the messages began again: “You are not doing your work in the world. We didn’t go

through all of this effort just for you. Share with others what we have taught you.” Lynn began to experiment with teaching a few select students. Encouraged by their success, she gradually expanded into larger groups. The Lightworkers Healing Method™ is now spreading peace, joy, and healing both nationally and internationally.

According to some reviewers of her book, it is possible to learn LHM from the book alone. Here’s what one reviewer, Kristen had to say: “Finally, a learnable, practical way to maintain our connection to Source! When I first came to the Lightworkers Healing Method, it was out of curiosity. Who doesn’t want to strengthen their connection to Source and to their own Guidance? What I discovered along the way is an extremely powerful, Angelically guided energy healing method that not only has profoundly changed my life for the better, but has changed others’ lives, as well. This book represents the entirety of the core curriculum I took over two years. All of it is there, lovingly spelled out by the Avatars of this healing method. Lynn McGonagill channeled these techniques and used them in her own practice before teaching them and putting them in writing. If you are a healing practitioner or a serious spiritual seeker, this book is for you.” So there you have it—an entire healing method condensed into a single book. [Get it on Amazon Now!](#)