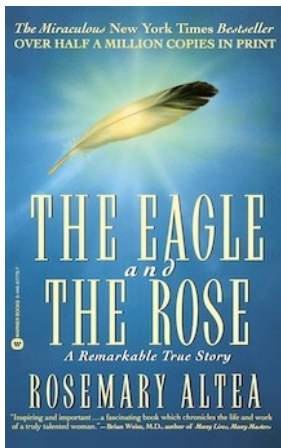


Overview by Steve Freier

The Eagle and The Rose: *A Remarkable True Story*

By Rosemary Altea



The Eagle and the Rose is a memoir by Rosemary Altea, a renowned spiritual medium and healer. The book details her journey of discovering and embracing her spiritual gifts, including her communication with the spirit world, her connection with her spirit guide Grey Eagle, and her mission to help others find solace and healing.

The Theme for the February edition of *The Inner Voice* always seems to turn to love! My book overview for February falls into a similar category as well! The title almost gives it away! *The Eagle and the Rose, a Remarkable True Story* by Rosemary Altea could be considered as a love story between the author, Rosemary and her guide, Gray Eagle who helps her solve problems and heal people on both sides of the veil, as well as in her personal life.

Written partly as a memoir but which also aspires to be a novel, the narrative starts off with her childish descriptions of how she first became aware of Gray Eagle as a young girl; at first, not really understanding Grey Eagle or the nature of their relationship. However, as time goes by, the relationship develops in her teen years and then into young adulthood when she really begins to understand the power and the intelligence that she has to draw upon when attempting to bring an intelligent solution to the various dilemmas she is presented with.



Here I present an interesting example that is described during a mediumship reading for the mother of a young boy who drowned when he fell into a river which then then fed into a large waterfall. The boy, Michael, who is now in spirit, is describing what happened as he reached the edge of the waterfall. Medium, Rose says, “I can see his body as it goes over the edge, but wait. Oh, this is wonderful!” Michael says, “Tell her, tell my Mom, as his body goes over the waterfall, I see Michael. I see him leave his body. He seems to fly upward. I hear him say, ‘I flew like a bird, up up. Angels came to fetch me. They carried me up and over the waterfall to fly like a bird. It was bright. A bright light shining. The Angels took me into it, and now I’m safe. Mom,

can you hear me? I am safe.’” This description helps to provide closure for the mother as well as assurance that life goes on. There is no death.

In another section, there is a discussion of the many reasons why people here on Earth are either good, or bad. The answer is: Some of us are good or bad because we enjoy our lives better that way. Others perceive that living a good life will earn them brownie points, that somewhere God is watching and keeping score. Living life in a bad way is for some and open active defiance to a God they perceive as a judging God. Life is not about earning a place in heaven. It is enough for the soul that the life of the soul continues on... That the soul grows stronger.

Some of the central themes:

The Eagle and the Rose Symbolism: The title symbolizes the connection between the earthly (the rose) and the spiritual (the eagle), representing the balance and integration of the physical and metaphysical in her work.

Developing Spiritual Gifts: Altea shares her struggles with accepting her role as a medium, her training, and the ethical dilemmas she faced when using her abilities to assist others.

Healing Stories: A significant portion of the book features stories of individuals who sought her help. Altea provides insights into her process of connecting with spirits and delivering messages of comfort and guidance to the living.

The Eagle and the Rose is available on [Amazon](#). Rosemary Altea is the author of quite a few books. Discover these and more on her [website](#):