

AngelTalk – January 2021

## Do You Want to be Right or Happy?

By Nancy Freier & Sreper, Angel of the Great White Light

A Course In Miracles asks the question “*Do you want to be right, or do you want to be happy*” and this comes to mind as a good question to contemplate if you truly want to increase your happiness in 2021. We’ve been through a year like none other; and, I think the odds are in our favor that 2021 will be better.



Bill Wilson, the cofounder of Alcoholics Anonymous and the author of the 12-Steps, often said the beginning of the year is an opportune time to work the steps. And the key is taking a fearless and moral inventory of what you are holding onto and, letting go of what is no longer needed going forward. That might be an attitude that doesn't serve you well, an emotional hurt that is crying to be processed and healed, or something the angels intervene with as a complete surprise!

As an example, my heart was hurting over the loss of a friendship some years ago and I knew this was the time to heal it and stop the hurt. I wasn't sure how to go about it; so I asked the angels for their guidance. A while later I just happened to remember her birthday was coming up soon and I had a birthday card I made that seemed perfect. Yet, my ego pitched a fit; and, I hesitated to drop it in the mail. Who was right about what separated us? She was the one who stopped calling me. If I send the card, would she accept it? I had no clue but the angels assured me it was time to heal this.

Perhaps the most important thing to remember about the angels who love and guide us is, they always have an agenda of correcting things and setting things right. They have a greater perspective on our life than we do; and, they are the ultimate peacemakers. They are all-seeing and all-knowing beings of love and light whose only aim is to heal and make things whole and good. They know how to work – what I like to call their ‘magic’ (because there is no other word to describe it) – to bring a lesson to completion where everyone involved benefits. If we are willing to give up the need for being right and ask the loving angels for their help, they will come into our awareness through any crack they can find in the hardened pavement of our ego-centered-mind, to bring us to the state of forgiveness; and, ultimately to that happiness I mentioned earlier.

You have a choice. You could choose to stay in an unhealed state complete with its notable misery and depression; but, given even the slightest opening, the angels will come crashing through with their solution – like they did mine.

Let me explain what I mean by their ‘magic.’ I mailed the card and as soon as she received it, she sent me an email thanking me for ‘the adorable card!’ Then she said that she had thought about me and sent good wishes to me – on the same day as the postmark! Do you see? I intuitively got the message. It was a setup by the angels to heal our friendship; and, the joy filled my heart with happiness.

By holding on to the need to be right ~ that keeps us stuck in ill feelings. The magic lies within our willingness to release the ego's need to be right, and then choose to be happy instead. This is true spiritual practice-in-action and the answer to our pursuit of happiness. How long it takes for the willingness and the readiness to show up lies within the heart of the individual. Ask for willingness to let go of what hurts you, then follow the answer that comes – or take a cue from the 12-Step program.

It may take some practice, but be sure to start with setting your ego aside. Talk to those vulnerable ego thoughts and feelings that arise like you would talk to a child who is badly misbehaving. Ask your angels for guidance to resolve the issue; and, if you don't know how to listen to their answer – you might choose to take my class.

Exercising forgiveness and letting go of the things that hurt us, the angels said, are the very reason we are on Earth; and, the Grace of Heaven is with us every time we make the choice to heal (and be happy).

The Angels of the Great White Light and I wish you a very Happy New Year ~ like none other. Just let go of the need to be right.

