

Book Overview:

Moving Through Many Dimensions: a memoir, more or less

by Gordon Phinn

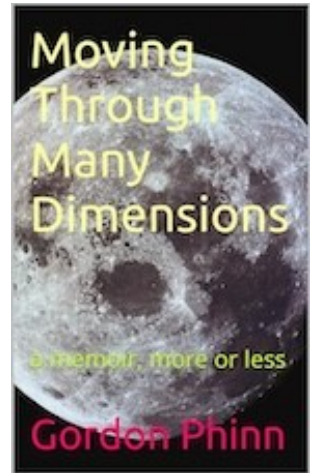


Gordon Phinn was born in Glasgow, Scotland, in 1952, and educated at Glasgow Academy. He moved to Toronto, Canada, in 1968. About 1970, he discovered popular spiritualist books such as *Life In The World Unseen* by Anthony Borgia which helped him put into perspective certain haunting dreams he was having. Further readings in spiritualism, theosophy, and the Western esoteric tradition slowly expanded his understanding of the Mysteries, leading him to study to such modern teachers as Gurdjieff, Krishnamurti, Seth, and David Spangler.

His interest in the mystical bred a fascination with the entire range of paranormal phenomena. He studied the world of researchers, psychics,

healers, and channels without ever imagining he might become one himself. In the late 1990s, his lifetime of sporadic lucid dreams exploded into a four-month extravaganza, of near-nightly adventures. After the usual anxieties of the "what will people think?" variety, he plunged into the narrative which became *Eternal Life And How To Enjoy It*.

Gordon Phinn has been writing all his adult life, his first book of poetry, "Lyrical Shifts" being issued in 1975. His first priority is high quality literary composition, regardless of the genre he's working in. So when his first afterlife, book, "*Eternal Life And How To Enjoy It*" was issued in 2004 by Hampton Roads. That book garnered praise and readership worldwide, and a sequel, "*More Adventures In Eternity*" in 2008.



I have been reading Gordon's 577 page book, ***Moving Through Many Dimensions: a memoir, more or less***. The Introduction states: "Moving Through Many Dimensions covers well over a decade of the author's out of body experiences. Gordon illustrates the many journeys consciousness can take once liberated from the body. Many, if not all, spheres of spirit, are open to exploration once one's self-imposed unconscious limitations are exposed and transcended. The hells, heavens, paradises and purgatories are traversed and spotlighted. And in doing so, Mr. Phinn unfolds the secrets of the ages: we are not limited in our humanity, we are infinite beings of many forms who can take on any challenge and chart any course. There is nothing we cannot know if we but pursue it with vigor. Our many incarnations, with their triumphs and tragedies, are but an

education in the 'earth life system' with all its desire, fear and ambition, a millennium-long enterprise with the unavoidable goal of graduation.”



For the willing aspirant and casual reader there is plenty here to excite one's potential and provoke one's doubt. Journeys to many levels, some delightful and joyous, others dark and depressing, and yet others whose characteristics are so translucent and flexible they cannot be categorized or accurately described. Such are the formless energy planes: They exist to be experienced in all their mystery and Mr. Phinn does exactly that without resorting to the cliches of mystical spirituality. Mr. Phinn has also developed the ability to project a part of his consciousness to various

destinations that could easily be thought of as areas of speculation, contacting and confronting many characters and personalities, some friendly, some fearful some deceptive.

To me, many of the most interesting out of body meetups take place with numerous Celebrities who discuss their recent transitions, and the long-dead report on their transformed view of what is obviously an eternal life. Then there are dialogues with the philosophers, intellectuals, statesmen, spiritual teachers, artists and entertainers who comment on their continued creative lives. Ordinary folk speak of the pleasure of their nightly OBE trips, and Extra Terrestrial Biological Entities are interviewed about the value of their transient earthly sojourns.

Gordon methodically unfolds the many illuminations to be had on such journeying and predicts such future possibilities for anyONE willing to release themselves from self-imposed restrictions. From Krishnamurti to JFK with the likes of Sam Shepherd, Dennis Hopper, Jim Morrison, Christophers Hitchens, Robin Williams, Susan Sontag, Sandy Denny, Anne Streiber, Hunter Thompson and many others along the way, this memoir is a virtual encyclopedia of out of body experience, as cutting edge and up to date as any in the field.

Gordon is a practicing psychic and spiritual counselor, offering many services from his home in Oakville, Ontario, near Toronto, Canada. He facilitates such practices as spirit contact, entity removal, distance healing and past life regression, all of which can be conducted over the phone or Skype. His blog can be found at <http://anotherwordofgord.wordpress.com>. Gordon Phinn is the author of at least ten books that I know of and they can be found [Here on AMAZON](#).