

October 2020

Step Up to Where the Magic Happens

By Nancy Freier & Sreper, Angel of the Great White Light

If you are wondering why you are stuck and things don't appear to move or if you pray like crazy and still nothing budges, this information may be a clue as to why.

Over the years of talking with the angels, readers of *The Inner Voice* have questioned how to move forward in such circumstances. This question has been a recurring theme in many of the readings I have done and I am giving light to it this month.

Some years ago I attended a sales conference where part of the presentation was given by Author Roger Seip, based on his book, *Train Your Brain For Success: Read Smarter, Remember More, and Break Your Own Records*. He staged an exercise to make a point given in this book; an exercise in which I won a copy of his book and learned a valuable lesson in stepping out of my comfort zone. I am sure the Angels had a hand in this.

In his book Seip explains, "One of your brain's strongest tendencies is called the 'homeostatic impulse' – the desire to stay where you are (in the comfort zone). Your brain is highly evolved for survival; it is exceptionally good at keeping you alive. You may not like where you are right now, but the fact is that where you are right now has not killed you yet. As a result, your brain has deemed it safe, and it will do all kinds of weird things to keep you there...The bad news is, no growth can occur in the comfort zone. The only place you can grow is outside of it." Finally! This dynamic of 'being stuck' has an explanation! And there's a road map out of this zone!

All we need to do, the Angels advise, is to take a leap in faith knowing that you will land on your feet but in an elevated place – a place that will become your new comfort zone. But, don't get too relaxed there either, for you are on a journey, plus you have our assistance along the way. This is what our help looks like. This is the answer you have been yearning for in all those prayers!

"If you would see as we see," the Angels continued, "you would see the Light and Love swirling around you becoming the stepping stones you step on to attain this higher ground! The movement of your steps creates a vibrational harmony that surrounds you and brings you the desires of your heart that you have prayed for. As your vibration increases this Light becomes brighter and in that way you are lifted up into the higher realms and into your bright and glorious future. Match your vibration to that which you desire and you attract that to yourself."

"This is where people 'deplane' on this journey," the Angels continued. "Oh, that homeostasis impulse – the fear you humans have of leaving the known for the unknown!" And this is when we claim our prayers go unanswered, but the angels insist all prayers (which are thoughts) are always answered and that it is the person asking who is the one who is not yet ready to fly to their new destination. If we could just move past that impulse to stay safe where we're at and step out of our comfort zone, we would step into the place where the magic happens. The angels ask you, "Are you truly ready to go where your desires are fulfilled? Step outside the box and free your self of your own restraints."

“The really good news? Small changes make a huge difference,” said Seip, “There’s a concept in play here called the winning edge. It means that a small change in the right place makes a huge difference in the end result. So, take heart. Small improvements in the right area of your life will give you a huge improvement in your end result.”

Seip, along with those pesky loving Angels, encourage us to choose how we use our brain and be aware of what you are giving your thought power to. Sreper confirmed this with, *“Lift your thoughts higher into the realm of possibilities. Let us propel you on to where you want to be. Just be willing to leave the worn out familiar ground behind, step out of your comfort zone and be lifted up into the realm where you long to be – where the magic happens.”*

△