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# Golden Light Healing

DREAM • EXPLORE • DISCOVER • GROW

Located just 15 miles from Green Bay, Wisconsin

**UPCOMING EVENTS!** Check our <u>website</u> for complete listings!



### Your Hosts Amy & Dave Wilinski 920-609-8277

Golden Light Healing Retreat Center is an oasis of peace and healing nestled amid 200-acres of prairie, fields and forest just 15 miles from Green Bay, Wisconsin. We offer workshops and sessions in Shamanism, Reiki, Mediumship and Psychic Development. Our mission is to empower others to connect with their own healing capabilities and psychic intuitive gifts. Our Retreat Center is available for customized personal retreats, company team-building workshops, or for private group rental. Lodging options are available.

www.goldenlighthealing.net

### **AWAKEN YOUR INTUITION!**

June 7 from 6:00-10:00pm

THE ART OF SOAP MAKING June 11, 6:00-8:30PM

### TRUSTING YOUR INTUITION

June 26, 6:00-10:00pm. \$111

DRUM MAKING WORKSHOP WITH DAVID WILINSKI July 22, 1:00-5:00PM

## THE HERBAL APPRENTICE WITH GIGI STAFNE

July 27-28, 9:00-3:00. Do you desire to be more self-sustainable with your personal health care and home? Dabbled with herbalism a bit or engaged in self-study for years? Are you ready to learn more? Join us for this inspiring foundations certificate-level botanical medicine course! Combine the intuitive art and solid science of botanical medicine, apprenticing with Master Herbalist, Gigi Stafne, for an intensive weekend in herbalism with lots of hand-on opportunities.

# SOUL CONNECTION: A Couple's Retreat with Matt Schmidt & Whitney Heuvelmans

August 23-25, Friday 3:00PM-Sunday 12:00PM. \$570/couple includes meals. Are you looking to rekindle, strengthen and deepen your relationship with someone special in your life? Join us for a weekend where you and your partner will be immersed in loving connection.

## LISTEN TO YOUR BODY AND HEAL YOURSELF WITH MATT SCHMIDT

October 6, 1:00-5:00PM A life enrichment workshop!

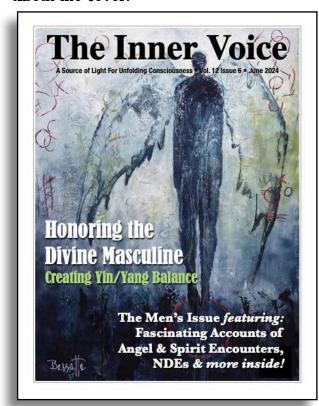
# SOUL NOURISHMENT & SEASONAL SELF CARE WITH GIGI STAFNE November 30-December 1, 2024.

Most of us are craving time away to reflect and reset. This is the perfect weekend getaway to do just that before winter blows in. Dive into a weekend of restoration, nourishment, and natural self care techniques to serve you well during this seasonal shift, but also for a lifetime. Each morning there will be a body and soul focus activity: shedding the emotional and energetic toxins of life; shifting with the seasons and aligning with earth energies; journaling for a more calm, contemplative, and creative life; handcrafting heartfelt herbal goodness for a special self care kit to take home.



Register online now for our Workshops and Sessions! www.glh.as.me

#### **About the Cover:**





One day you will ask me which is more important? My life or yours? I will say mine and you will walk away Not knowing that You are my life.

Kahlil Gibran, 1883-1932; Author, The Prophet

# In This Issue... Inspirations for Healing Body, Mind, Spirit, Heart & Home

- 2 Events at Golden Light Healing Retreat Center
- 4 Angel Guidance Book, Readings and Zoom Gathering
- 5 Publisher's Page ~ Dear Readers
- **6 Angel Talk: Never Hesitate to Express Your Love**
- 8 Book Overview by Steve Freier: The Place We Call Home
- 10 Gordon Phinn: The Afterlife is for Everyone
- 11 Jurgen Ziewe: How do you know you are not dead?
- 12 The Emperor Has Old Clothes by Dr. Susan Barnes
- 13 Friday Afterlife Report & Global Gathering News
- 14 Wild Curiosity and the Unknown by Beverly Brunelle
- 16 Cosmictology Forecast by Andria Nikoupolis Weliky
- 18 Let's Talk Crystals by Lori Andrus
- 19 Ad: The Stones Speak Oracle Deck
- 20 She's Still Here I Growing From the Ashes by Sheila Lowe
- 21 For the FUN of it!
- 22 Beyond Rational Mind by Kathleen Jacoby
- 23 Food for Thought On Emotional Intelligence
- 24 Dreams by Robert Moss
- 25 Miracle's I've Seen by Rev. Joann Baumann
- 26 Remembering Artist Pat Gullett
- 27 Tuesday Teachings by Meredith Young-Sowers
- 28 Where are the Men? by Richard Schneider
- 29 Message #20 by JA Diogardi
- 30 Feng Shui to the Rescue! by Nancy Freier
- 31 Ad: Essential Feng Shui®
- 32 Balance Your Yin/Yang Check List
- 33 The Prophet ~ Kahlil Gibran
- 34 Angels and My NDE by Timothy Wyllie
- 35 Ad: Angela Zabel Spiritual Services & A Summer Retreat



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# You are Invited to the Angel Guidance Zoom!

Nancy leads the group into a growing awareness of those in the higher realms of Spirit and the ways they guide us through the lessons and challenges we face. Each meeting is unique. We explore the methods of communication with The Greater Reality, share enriching real-life stories with Spirit, and discuss enlightening Q&As about the communication process and the messages we receive. You are welcome to join this angelic-inspired conversation.

## Sat. June 8 @ 1pm CST

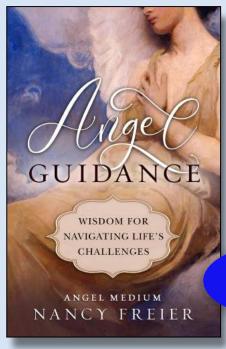
11am Pacific • 2pm Eastern Sydney/Melbourne 7am Sunday Click HERE to Join



"Zooming enlightenment around the world!"

# Get a Reading! with Anael Medium Nancu Freier

Need help through a challenge? The Angels are everpresent to wisely and lovingly guide you through whatever you are facing. Mediumship readings bring you messages from those on The Other Side of the veil. Readings are available written through an automatic writing technique, or verbal via Zoom or Messenger by appointment. E-mail NFreier@aol.com to schedule!



Click HERE to get book

Several years ago my Guardian Angel, "Sreper, Angel of the Great White Light" encouraged me to write this book, a collection of their messages and responses to questions people asked of them. "Angel Guidance: Wisdom For Navigating Life's Challenges" (©2022) is now available to order through Amazon KDP Publishing. To get your copy, go to <a href="Amazon.com">Amazon.com</a> and order a paperback (\$14.99) or Kindle version (\$6.99). They do a print-ondemand process and will mail the book within a few days. Kindle comes to your device in an instant.

Who is the intended audience? Anyone who is interested in rising above the fray of the physical earth plane and its problems to "see the solutions" to them. It is loaded with angelic advice and inspiration to find a better way to resolve issues thereby raising your vibration so you may heal your life! Sreper and I thank you for wanting to live a better life, and for your love and support of this book ~ from the Angels to your heart!

### Comments from Our Readers...

"I just want to say how fabulous your magazine is! I particularly LOVED the 'For the fun of it' section! I don't think I've ever laughed that hard! Keep up the great work!"—Anna Hisco

"My deepest condolences with regard to Pat Gullett's passing. May she rest well in beautiful peace. Also, your magazine is so very inspirational, it is a joy to read."—Jessica Taylor

"Thanks so much for the informative and thoughtful book review, Steven. Much appreciated! A fine publication I am pleased to be represented in."—Gordon Phinn

"Thank you for being a force for good in the world."-Sunni B, Milwaukee, WI

"Another wonderful edition of The Inner Voice! The variety of articles, the layout, the illustrations and quality of this magazine are superb and well worth a subscription or one-off donation. We especially love Steve's review of the new book by Gordon Phinn; and, 'A Mother's Story' about Karyn Jarvie and her Emma."—Wendy Zammit

"I have been enjoying your magazine and will continue to share it with others."—Elisabeth P.

"I love your magazine. It fits into all I have been studying all my life."—Tressa, Westfield, WI

"I want to subscribe! Ingrid Honkala led me to your magazine. It is a most beautiful and powerful publication."—Chuck Webb

"You all should be so proud of your work, like the Friday Afterlife Report, it is so uplifting. I was very surprised to read it has been going since 1999. Steve did a terrific job on Gordon's masterpiece. It is a huge book and you distilled it perfectly into the space you had. Thank you for allowing me to tell Emma's story. I think it's so amazing how both yourselves and the Friday report work together to spread the news. I hope the excellent work goes on for many more years. Lots of love and thanks."—Karyn and Emma xxxooo

Send your comments to: <a href="mailto:theinnervoicemagazine@gmail.com">theinnervoicemagazine@gmail.com</a>

### Dear Readers,

June brings to mind grads and dads; weddings and anniversaries ~ that are some of life's major milestones that need to be celebrated. And of course those dads in the Afterlife also need to be remembered.

I recall a time when I just didn't know if it was appropriate to send flowers to my dad for Father's Day, when the florist said, "Guys love flowers, too!" That was an eye-opener. I wondered how else was I pigeonholing men from women? We're all human beings who inherently need love and recognition in life, right?

So, what are the differences (if any) between the goals and needs of the sexes? My feng shui expertise realizes we each need our own personal space within our home ~ regardless if we're in a relationship, or not. In my interior design/feng shui work, the clash that can show up in men's and women's tastes can be quite powerful. Couples have divorced over such disagreements!

My feng shui article this month focuses on this issue ~ and yes, there are solutions to creating relationship happiness under one roof!

Most of my contributors took my suggestion to write about the male perspective and I present these views in hopes of establishing a kinder, gentler understanding of the male species. June is also noted for transitions to new beginnings in terms of graduations and weddings that bring about significant lifestyle changes... and there is feng shui and angel guidance for every phase in life.

I hope you will enjoy reading this issue filled with ideas to live a more balanced and robust life. Isn't that our ultimate, inherent goal ~ to love one another and live in peace and harmony? And isn't expressing our love what we live for?

Buy the flowers and have a Happy Father's Day and month of June!









# Never Hesitate to Express Your Love and the Effectiveness of 'Absentee' Healing

By Nancy Freier and Sreper, Angel of the Great White Light

#### **Deaths: A Reminder to Love More**

ust as I was about to publish the May issue last month, I received the surprising sad news that my friend and long time contributor to The Inner Voice, Pat Gullett, passed into Spirit the night before. A million thoughts went through my mind as I staggered through the shock. Her sudden death brought to me an awareness to not withhold your love or appreciation, and anything else important to say to your loved ones, because you never know if it could be the last time you see them.

Looking back on that day, April 29, I had felt an urgent need to pass on to her a compliment one of my editors said about her work. Somehow, I felt an urgency to send her the comment straightaway, and now I see why the urgency. Had I hesitated, she would have never known how we all felt about her talent as a painter and what a gifted writer she was. I know she read it because she replied with, "Well, thanks so very much!"

The old adage, "Do not put off until tomorrow what you can do today" has been ringing through my world since. Her sudden death magically brought LIFE into a crystal clear focus of knowing what is important, and what isn't. We should have this kind of clarity every day!

The other old adage, "Life is short so grab all the happiness you can" to

me means live by the Golden Rule. Sort out the things that are meaningless and don't give them any more of your time and energy.

"Don't sweat the small stuff, and it'a all small stuff," said author Richard Carlson in his 1997 book with the same title. It was on the bestseller list for two consecutive years and is a message worth repeating. Becoming Minimalist Author Joshua Becker, whose column is often in this magazine, would agree. Spend your time pursuing what truly matters ~ truth, peace, love and happiness in whatever way that means to you, while also maintaining honor for all who share your life and your path with you. You really don't want to have any regrets should your beloved pass into spirit suddenly like a wind out-of-the-blue. I know you know this in theory. We all do. But really, wake up! Ask yourself, how differently would you treat your beloved today, as if your he/she were to die tomorrow? Then how about we act this way every day?

I am glad I listened to my inner voice the day Pat died and sent her a compliment right away. I can rest knowing that it was perhaps one of the last things she read.

### **Sending Healing is** *Love in Action*

#### Q. Sreper, do we need permission to heal someone?

We say everyone can receive healing (and be healed) whether they are aware of healing being sent to them, or not. Let us say

> that illness is the illusion and where you are, you are focused on the illusory side of life. In God's True Reality you are perfect beings and cannot be sick. Therefore, you have no need for healing. However, in your man made illusion you can 'adopt' an illness by your defaulted belief system. But, your illness also has a silver lining. Illness



brings you a valuable lesson by showing you where to correct your thought system to create the health you truly want. Know that your illness ALWAYS presents a lesson and it is your choice to learn your lesson, or not. We say you need not choose pain and suffering to be your teacher any more, but until you choose differently your thoughts and beliefs about your life, we are here to help guide you and through your lessons.

continued on page 7

#### Angel Talk from page 6

# Q. So, if we view someone as 'sick' and also see that they do not want help to heal their illness or problem, can we still do something for them to help them heal? If so, what can we do?

You can pray for them. You can ask God to send healing to them, that they receive a new spiritual understanding to lift them up from the bondage of pain they find themselves in, and to turn around and see the Light of Love that is there waiting for them. You see, when you pray for another's healing, you place them on the receiving end of God's healing rays and they receive His Light immediately. They then start to be uplifted in one way or another, but usually these early changes are invisible to the human eye. If the person is very sad, very dark and very negative, we say to you that the light of your prayer is permeating through their darkness and is lifting them up. You may not see it where you are, but we assure you that prayers are very real and alive with Light.

So, to answer your question, yes, a person will receive the benefit of healing if it is sent them. You do not need to control how or when this works. You need only trust the energy is intelligent and knows its work. You call this "energy" the Holy Spirit. It knows where to go and what to do. Your intention strengthens the resolve.

# Q. Does the Holy Spirit help such a person without a prayer being sent to them from someone asking for help?

Yes, however, with your thoughts and prayers, the energy is intensified and healing occurs far faster than it would without your prayers.

## Q. Does this energy bypass the recipient's belief system?

Yes, however, we prefer to say the healing energy *influences* their belief system. You may say that a hardened belief system softens under the Light of God's energy, similar to that of a cube of ice melting in the Sun. What you will notice is the person will become brighter, lighter, happier and less resistant in time.

Keep up the energy work when you pray, and let go of any intended outcome. Do not let lack of immediate results sway you. Your own belief in the power of prayer is at work here.

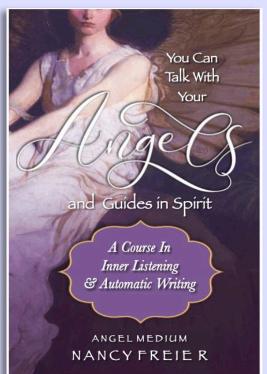
Send your questions to the Angels! <a href="mailto:theinnervoicemagazine@gmail.com">theinnervoicemagazine@gmail.com</a>



## You Can Talk With YourAngels and Guides in Spirit ~A Course in Inner Listening and Automatic Writing

The purpose for writing this book is to, first of all, invite you to meet your angels and guides in spirit and to establish a deep and meaningful personal relationship with them that will shift and enhance your life forever after. It will be a friendship like no other. They will give you their most high and loving guidance so that you may move through life's lessons or any ordeal facing you on your journey through the physical maze called Earth School.

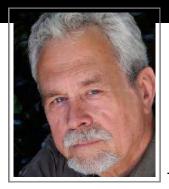
I lay out for you my tried and true formula, if you will, that I've developed over almost 40 years of communicating with those on the Other side of the veil and teaching this method to hundreds of people. My intention in writing this book is to give you clear instructions on how to tune in to the higher frequencies of the Angels on the Celestial



Planes, ask good questions, and ultimately with practice and experience, how to create an ongoing dialogue with them that will enhance your life and brighten your spiritual path in myriad ways.



This book will be available soon. Watch this space for the announcement!



# The Place We Call Home Exploring the Soul's Existence After Death

By Robert J. Grant

t some point everyone asks the question: What happens when we die? Robert J. Grant, a popular writer, lecturer, and researcher in many areas of contemporary spirituality, offers a dramatic and encouraging look at the realms beyond physical death.

The Place We Call Home is filled with the personal stories of those who have experienced the other side, either through death, communications from those who have died, or near-death experiences. These stories illuminate the answers to questions about messages from dead loved ones, the light-filled realms of the afterlife, and the real meaning of the "shadowlands."

This is a hopeful and inspiring look at the dimension of life beyond the illusion of death and celebrates the eternal nature of the human soul.

Author Robert J. Grant is a well-known author, speaker, and intuitive. He is the author of five books; and co-founder of the Virginia Beach Chapter of The International Association for Near-Death Studies (IANDS). A professional journalist since 1983; motivational speaker since 1988, he is considered a foremost authority, historian, and spokesperson on many facets of the Edgar Cayce Legacy. He correlates the Cayce readings with ancient and contemporary spiritual traditions including Theosophy, Buddhism and Mystical Christianity.

In this book Mr. Grant gathered the bulk of the material primarily from the archives of Edgar Cayce's ARE Library, as well as from the writings of his friend and mentor, Dr. George G. Ritchie, who had a profound NDE back in 1943 at

age 18 while training at a remote army base in Texas. Dr. Ritchie also wrote the Foreword. In addition there were many other contributors to the book, such as: Raymond Moody, Helen Greaves, Jane Roberts (SETH) and many others too numerous to mention here.

There is so much wisdom in this book! Here's one example: "The time-honored saying that when someone has died they have 'passed on to their reward' is very much a valid truth. Each person inherits or is "rewarded" with the sum total of what they have built during their physical lives. According to Edgar Cayce, we are constructing the state of consciousness we will move into after death by our thoughts, desires, intentions, and deeds in the material world. If we

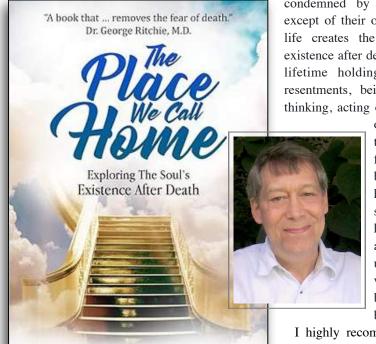
consciously seek to act from an intention of love and to manifest compassion, love, forgiveness, patience, etc., these spiritual virtues literally create for us the "reward" of a light-filled existence after death. It isn't on the merit of accomplishment that we move to the higher realms after death; it is from loving and acting from the heart, from a place of spiritual understanding in all facets of our lives. What we have cherished in our hearts and minds will have a great deal to do with where we find ourselves after death."

And here is an excerpt which discusses the dark side of where you could find yourself if you led a more self-centered life. "As Dr. Ritchie illustrated, the souls that find themselves in the shadowlands or the earthbound realms

after death are not being punished or condemned by any force or power except of their own making. The inner life creates the outer world of our existence after death. If we have spent a lifetime holding grudges, harboring resentments, being prejudicial in our thinking, acting out of jealousy or hate

or malice, those thoughts collectively form the building blocks that create a home in the shadowlands, the hellish realms. In accordance with universal law, that which we think, we become; that which we build, we move into."

I highly recommend this book. It is available on <u>Amazon in Kindle or print format.</u>



Δ

ROBERT J. GRANT

# **Dream Discovery Discussion Group!**

The purpose of the group is to allow participants an opportunity to discuss their dreams and get some assistance from the group to understand the meaning of their dreams. It should be a fun and educational experience! The group will be led by **Steve Freier** along with co-host **Denise Jacobs**.

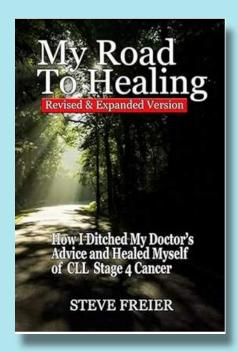
**Every 1st Tuesday of the Month Starting June 4th, 1-2:30 pm** 

Location: ADRC Sturgeon Bay, WI Caregivers Library Room Limited to 12 Participants

Register by Calling: 920-746-2372

Announcing Steve Freier's Revised & Expanded Kindle edition of his story:

My Road To Healing, How I Ditched My Doctor's Advice and Healed Myself of CLL Stage 4 Cancer

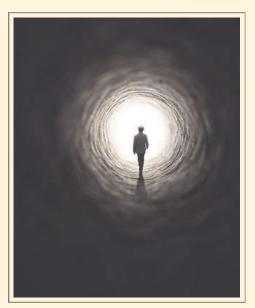


Get Book here

My Road To Healing - Kindle

My Road To Healing - Paperback

## Life, Death and the Afterlife, an open discussion group



Meets in person at the ADRC of Door County 916 N. 14th Ave, Sturgeon Bay, WisconsinI 54235

Next Meeting: Thursday, June 20 - from 1-2:30pm Host, Steve Freier has been researching death, dying, NDEs, OBEs and the Afterlife for over 20 years. He has read and/or reviewed 100s of books and videos and individuals on these and other metaphysical topics. His passion is to share what he has discovered to aide in the transition we will eventually make to the Other Side.

For more information, e-mail: sqfreier23@qmail.com



# The Afterlife is for Everyone... and all you have to do to get there is die

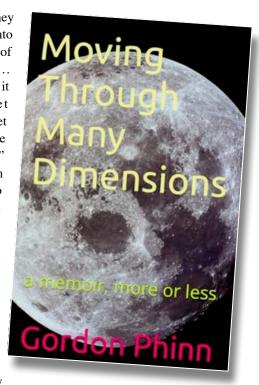
ve been saying this quote for years, in conversation, in workshops, to clients who come for a reading. And despite a fatal attraction for the more vexatious subtleties of metaphysical speculations, I never really tire of it. It is, when examined, the most sweeping and iconoclastic of statements, overturning all atheism, skepticism and all the ancient and respected religions you can name.

Almost everyone religious thinks the afterlife is reserved for their denomination or sect; and within that, only those who pass a variety of ethical and dogmatic tests. Every skeptic thinks there's no afterlife at all, that it's all fantasizing based on fear of death. Yet a couple of hundred years of recorded spiritualist communications testify to that simple reality, all you have to do to get there is die. Wealth, fame, religiosity, piety, membership in any elite club or society, stacks of good deeds, genius or the lack of it, devotion to worthy causes, hard work in the salt mines, lazing about on the beach, refraining from sex or sloshing about in it, none of it matters ultimately. Sure, certain habits produce certain karmic results, some of which are less than desirable, but none of them disqualify you, at least not forever.

Pick up the pieces, apologize, reform your behavior, reorder your priorities and you're ready for the paradise most suitable to your needs. Indulgence in bad habits and anti-social behavior, addictions and terrors, just lower your vibration to the point where you cannot even see the paradise about you. You're stuck in some stinky basement of your addictions and angers and the key to the locked door above is in your pocket, if only you'd realize it. The lower astral is basically a series of stinky basements filled with folk whose behavior and belief system have kept them at the low vibration of negative emotions and thoughts. It can be tough going down there, as I and others do while asleep here, trying to show them there's much more to the afterlife than the dank, dark cold place they are in, for they believe it's reality when it's really just their thoughts and assumptions.

Unpleasant as they are, the lower astrals and the purgatories are an integral part of the afterlife, as are the "hell" realms. Again, all you have to do to get there is die; die with a certain attitude, a certain negative attitude. The drug addicts, alcoholics, hateful racists and the formerly powerful and ruthless down there are joined by many strict, rule-bound religionists who have sinned mightily, cast themselves as "evil" and thus unworthy of their heaven. Sometimes throwing your arms open wide and

declaring that they are welcomed into the loving arms of Christ works ... and sometimes it doesn't. I get quite a few, "Get thee behind me Satan" statements on my rounds, as do others; some right here in graveyards, where folk passed over a century ago, expecting to sleep until Judgement Day. And despite my



entreaties, they are still willing to wait.

The afterlife, in all its levels, starts right where you leave your physical body, standing in wonderment at your new gravity-free lightness, watching the sleeping or dead lump of clay beside you. It continues on, up through all the hells, purgatories, paradises and heavens, and every strange and unique subculture along the way, merging imperceptibly with the golden light of what some call the radiant void, where you disappear and don't care. It's all the afterlife. It's all spirit, and once you get the right frame of mind and heart, you get the 'access all areas' pass.

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Gordon Phinn is a practicing psychic and spiritual counselor, offering many services from his home near Toronto, Canada. He facilitates spirit contact, entity removal, distance healing and past life regression. His blog can be found at <a href="http://anotherwordofgord.wordpress.com">http://anotherwordofgord.wordpress.com</a>. Gordon Phinn is the author of at least ten books. They can be found here on AMAZON.



# How do you know you are not dead?

ere is the dilemma: You find yourself on the Astral plane in full waking consciousness and there is no doubt whatsoever in your mind that this is anything other than real. What are the indicators that you are not simply dead?

This has happened to me last night and at the age of 77 it is not too far fetched to consider that your time may have simply run its course and by some fluke of fate, a heart attack or some other undetected condition you may have indeed transcended to another plane of reality.

I was doing grocery shopping at my local greengrocer (in my dream) bagging a bunch of bananas, when I suddenly felt dizzy (not an unknown phenomena during OBEs) but on this instance I asked the green grocer whether he minded me sitting down on a chair by the side of the counter. At this point I became fully lucid and at first rejoiced at the thought of astral

awareness, although I was still trying to shake off the feelings of dizziness. Sitting down had helped though, at which point I considered to take full advantage of my state and decided to explore.

I went outside and discovered I was on familiar ground, but not quite. The road which would normally lead to my house was traced by a river alongside it and the scenery became increasingly unfamiliar and alien. After a while I found myself climbing up an embankment to get to a more elevated position. By the time I had reached the top I marveled at the profound sense of wakefulness and reality I was

experiencing, nothing like in waking life. At this point I paused and considered my position. Where was I? What has really happened? What would be the indicators telling me that this was an astral excursion only and not me experiencing full blown death? Why did I become dizzy at the greengrocer? Had I died? A stroke perhaps?

There is quite a simple test I had conducted many times before. You simply wake yourself up by opening your eyes and thereby terminating the experience, which I did. I opened my eyes, but instead of seeing the sheets of my bed I found myself in an unfamiliar surrounding, a suburb of a town I did not know. What to do? Had I died? Should I seek clarification? Perhaps call my mother who had passed on 25 years before me?

Instead I decided to force my eyes open again. No luck. This time I found myself in the kitchen of an old friend of mine who greeted me warmly by offering me a cup of freshly brewed coffee and quite obviously appeared to be pleased to see me. Despite my lingering uncertainty he proceeded by involving me in conversation despite my apparent discomfort. Him being a photographer, I was momentarily distracted by an old Asahi Pentax camera lying on the table in front of me. He then

proceeded in letting me know that he had taken me up on my

suggestion to investigate virtual reality and then proudly

presented me with the familiar Meta Quest 3 headset, into which he had loaded a stunningly realistic looking game. Not wanting to be rude I barely placed it before my eyes and I could already see that the reality presented was of a much higher quality than my own physical headset had to offer.

At that point I became restless and excused myself to my friend in order to leave. More pressing issues were on my mind than exploring other dimensional tech. I had to find a way of gently informing my wife that I may have died and perhaps craft an apology for my sudden departure. At this point I was

seriously concerned by my unfinished business I had left behind. Recently we had the house rewired and as a consequence new flooring was put into my office. There were dozens of boxes still needing to be sorted out and hundreds of old DVDs and plenty of unfinished business. The thought horrified me and I opened my eyes — again. To my great relief I saw the sheets of my physical bed and then headed straight for the shower.



https://www.facebook.com/jurgen.ziewe



# The Emperor Has Old Clothes

By Dr. Susan B. Barnes, CSNU

classical description of masculinity is found in the T h e Tarot deck. The Tarot's figures in the major arcana present archetypical depictions of human attributes. If more per end of number four, the Emperor. He is illustrated in many ways throughout various decks, including a man with a white beard sitting on a throne, a man with an elephant mask, a man holding a cube, and a paternal figure fantastical space emperor. These decks include the Waite Deck, the Marseilles Deck, The Carnival at the End of the World, The structure, rules, Fountain Tarot, and the Starman Tarot and systems

In addition to the main male character, other symbolism associated with the card include the number four, a ram, a jeweled crown, a scepter, and a landscape of jagged rocks. The number four is a sign of force and sovereignty. The idea of all is under control. Moreover, it symbolizes the four elements with an emphasis on the fiery nature of the card. Its meaning is one of self-mastery, virile power, and a father figure.

Another significant symbol associated with the Emperor is the ram. This image, whether it appears on the arms of the king's throne or as an animal resting in front of the throne, represents the fire sign of Aries. The ram symbol embodies Aries traits, such as being headstrong, ambitious, and enterprising. This deeper understanding of the symbolism enriches our perception of the Emperor's characteristics.

The jeweled crown indicates a leadership position. These males are leaders, not followers. They triumph over the material plane and restrictions. Moreover, their position of power makes them strategic thinkers who set out plans to be seen through. With his wise knowledge, he creates structure, rules, and systems. Honor and discipline are his desires. But to reign is also to serve his people for the greater good of the kingdom. He no longer has to prove himself, his expertise and experience are unquestioned.

The scepter indicates sovereignty, the domain's ruler, and masculine potency. The Emperor lives in a society in which the man is in control. His role in the family is one of protector and provider. The strength of the Emperor as a father figure leads the way for security and safety. Additionally, the scepter indicates an active principle at work. The jagged rocks symbolize the challenges a ruler has to face, as no one's path is ever smooth. He makes decisions based on logic, rational thought, and Divine Law. All of these principles are represented by an Emperor archetype.

generally symbolizes the masculine principle of a paternal figure who provides and systems w h i l e imparting knowledge. He symbolizes the domination of mind over heart and the creation of will over feelings. In



"The Emperor" from Susan Barnes' deck

a tarot reading, this could indicate that the sitter is using too much logic and not enough intuition.

Seeing him in a reading indicates that you could be put in charge of something important. Depending on the individual, these different personality traits may appear. Many of these characteristics are based on older archetypes of what it means to be masculine. They are from the past and must be adapted for a modern wardrobe.

While the figure of an Emperor may not exist in our contemporary society as it did in medieval times, many of the male stereotypes associated with the Emperor's traits persist. This observation prompts us to reexamine the archetypical figure of a male and its relevance today. For instance, the notion that men are more logical and rational may or may not align with the modern male stereotype. This discussion on the evolving concept of masculinity encourages the reader to reflect on these societal changes and their implications.

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Dr. Susan Barnes is a retired communication professor who has written 11 books including: "Visual Spirituality" and "Unfolding Physical Mediumship." She is also a certificate holder from the Spiritualist Nation Union in speaking and demonstrating mediumship (CSNU). Susan has been trained in Life Coaching at the Edgar Cayce Center and regularly attends their study groups.

## **AFTERLIFE REPORT**



Presented by Victor and Wendy Zammit



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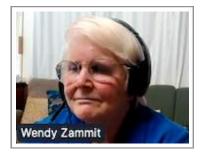
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Sydney/Melbourne 7 am Monday
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<u>Check time in your city</u> and join the discussion with others from around the world!



Global Gathering Coordinator

Wendy Zammit wendyzammit@gmail.com



### THE GLOBAL GATHERING

If you're interested in knowing more about The Greater Reality and exploring all things Spirit and the AfterlLife, the Global Gathering is for you! Started in November 2017, by Wendy Zammit with co-host **Karyn Jarvie**, it is one of almost 20 different FREE Zoom groups that are coordinated through the Friday Afterlife **Report.** Some groups run weekly, some bi-weekly, and some monthly. We particularly wanted to create a forum where people from the UK and Europe could share experiences with people from the USA, South America and Australia, so we had to choose a time that was accessible to all these areas. For full details of our groups and times, visit www.victorzammit.com/zoom

### **JUNE GUEST PRESENTERS:**

**June 2** - Australia Psychic Medium Debbie Malone on "The Messages of the UK Stone Circles"

**June 9** - Sharon Kumara on "Controlled Out-of-body Experiences"

**June 16** - TBA

**June 23** - Louise Hermann, The Barefoot Medium

**June 30** - Physical Medium and Psychic Surgeon Gary Mannion in trance with Abraham



### **Practicing Mindfulness By Beverly Brunelle**



# Wild Fearless Curiosity and the Unknown



hy is the unknown often scary to consider, to face, to imagine? In a sense it is comical to think that we actually know the future or what's next. It is rather arrogant, really.

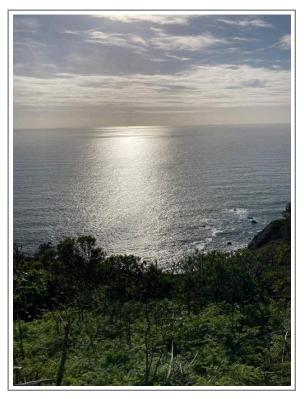
Where is there room for magic, options and new possibilities beyond or other than what we imagine? Life would be boring if it matched our continuous roll of expectations and assumptions. We'd get bored with the same old, same old, BUT~ we'd be right!

On the island of Maui people gather nightly to watch out over the horizon for the "sunset" or rather for the earth to turn us away from the sun. The color displays in the sky and reflections on the ocean are unique surprises each evening. It's an experience of awe. Magically it calms the mind, relieves tension, refreshes the nervous system and is grounding. Attention with relaxed curiosity, an open mind and wonder of the vast horizon enriches our magical presence and relationship with the unknown of our own lives.

What is this phenomenon that we humans think we know the future, or need to plan in such intricate detail? What about creating some space in our plans and minds to welcome the unknown, to be in the mystery and magical surprises of life.



Photo "Maui Sunset" courtesy Beverly Brunelle



Give curiosity space for life to surprise you. Photo courtesy Beverly Brunelle

What if we lived in wild fearless curiosity and wonder, just even a little bit at a time to experiment with the fact that the unknown is creation itself. Are we actually blocking creation by holding on so tightly to our expectations and judgments of how we think it should be and ought to be? Is this addiction a wise investment?

The new invitation is to delight in being open hearted and open minded in the unknown. This can create spaciousness in our perceptions to be receptive to new possibilities that are beyond our habitual expectations.

What is it about contemplating the vast horizon that can be calming, inspiring and enriching? Maybe it is the visual of open space, the visual of pure potential that resonates within ourselves.

If we look for what is new and different we will see it. If we look for what is the same old same old we will instigate that and see that. If we create inner space to welcome the unknown it will birth forth more current inspiration and wisdom.

Each moment is one of pure potential of new possibilities. Each moment is an open horizon where we can relax and invite the magic, the creative impulse to surprise and delight us, to inform and guide us into new territory, to discover ourselves, the world and others with fresh eyes, open hearts and minds. It's

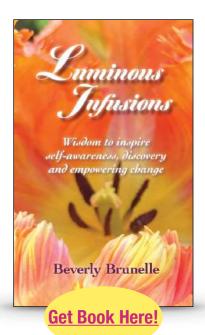
Continued on page 15

#### Practicing Mindfulness from page 14

being receptive to what you could call — evolution or revelation, transformation, the mystery of life unfolding, and the emergence of creation itself.

What does it feel like to welcome space within you to be in the unknown? What does it feel like to curiously notice where your attention goes in the midst of many possibilities and to consciously let go of having any grasping focus at all?

Instead of assuming that you know what someone is going to say, do or want, or planning what you will say, allow inner spaciousness and fearless curiosity to be in the unknown and to notice what is truly blossoming within you as it arises.



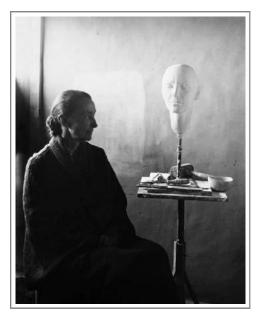
The invitation is to explore leaving some space for life to surprise you! Allow your wild fearless curiosity to explore new unknown horizons in your communications, perceptions and reception of yourself, others and your precious daily life.

Beverly Brunelle is the author of "Luminous Infusions." Her passion with her Quantum Resonances Energy Work is supporting clients to awaken their multi-dimensional super powers, to expand their capacities to blossom in their life circumstances, and to access clarity of new enlivening possibilities. Learn more at:

### Something to Contemplate

"I think it's so foolish for people to want to be happy. Happy is so momentary; you're happy for an instant and then you start thinking again. Interest is the most important thing in life; happiness is temporary, but interest is continuous."

-Georgia O'Keeffe



Eliot Porter - Georgia O'Keeffe with bust by Mary Callery, Ghost Ranch, 1945

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# More on Jupiter's Tenure in Gemini and Communication is Key!

Written By Andria Nikoupolis Weliky

reetings Star Seekers! Are you feeling the flurry and swiftness of Jupiter's ingress to Gemini? Let's consult the Cosmic Realms! This is a very important transit, reinforced with some other key pairings, thus most of my forecast for this month will unpack the significations of this collective movement.

Happy Solar Return to all June Birthday Babes! May your next journey around the Sun be the best yet!

We open the month with Jupiter's recent entrance to the busy hive of Gemini which happened on May 26, Jupiter steps over the threshold and immediately forms a trine to a retrograde Pluto, who is digging deep at 1 degree of Aquarius.

Both of these are air signs, fast-moving, yang, and of the mind. Where Jupiter represents life, growth, cohesive order, magnification, abundance and opportunity, Pluto represents the hidden realms, the downtrodden, decay, power and passion, control, secrets and transformation. Jupiter will hold camp in the bustling coffee house of Gemini for a little more than a year.

Slow moving and change-driving Pluto will wobble over this early part of Aquarius, taking one last step into Capricorn in September before it works its way through Aquarius for the next two decades. This trine aspect engagement triggers an action point and signifies the unfolding story or seeding that took place

back in December of 2020 when Jupiter was conjoined with Saturn and Pluto at the early degrees of Aquarius. To get more of an idea on how this story line is playing out for you personally, take a look at the whole sign houses of Aquarius and Gemini in your own natal chart.

The Overarching View~ This is a first glimpse of the progressional elemental shift that will take place throughout 2025 with all of the outer planetary bodies moving from the watery and earthly yin places to the yang energy of fire and air.

What does all this mean you ask? As mentioned in previous forecasts, we've been in the mode of demolition, taking down what systems and structures weren't working, top down order, secrets revealed

and truth coming to light. Now with Pluto in Aquarius, we are in a mode of "power to the people," individuation, inclusivity, technology, invention and the higher mind. With grand, just, and visionary Jupiter venturing through earthly Taurus and then meeting up with truth and change initiating Uranus, blueprints for new Earth were being drafted, considering our resources, our food, and most importantly, our values.

Now, with Jupiter networking in the 'give and take' busy domain of Gemini, the first place of relating, I envision a buzzing Montessori school, instilling experiential learning,



Students are engaged in experiential learning at a Montessori School.

Continued on page 17

#### Cosmictology Forecast from page 16

lessons that matter, morals to live by and discovery through play. However, Jupiter is far from its opposite home of affirming Sagittarius and receiving a square aspect from Saturn, who is taking up residency in Pisces, Jupiter's other domain.

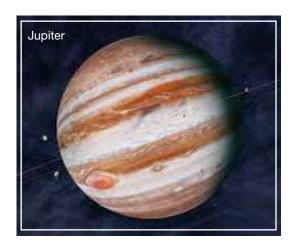
At the same time Mercury, ruler of Gemini is in a conjunction with Uranus in the fixed land of Taurus. Weaving all of these placements together, I see this energy as chaotic creation, maybe uncomfortable and messy, asking for some flexibility, and like with any great new creation, we may need to put down the drop cloths and get dirty before we can really see the big changes on the horizon.

Also on June 1, Moon conjunct Neptune in Pisces ~ Dreamy and delicious, you may be called to the water or to tap into your artistic side. Confusion may also be in the mist. It's a good day to allow this energy to wash over you, to dream, draw, paint, write or literally take a visit to the water.

**June 3,** Mercury ingresses to its home of Gemini and trines retrograde Pluto ~ Naturally ideas and ideals are circulating socially and messages are needing to be shared. A great time to publish your book or take on a new field of study.

**June 4,** Venus Cazimi or conjunct the Sun in Gemini ~ Artistic aspirations come to light, another great time for writing of love and beauty or coming together with others and sharing harmonious ideas.

This month is highlighting communication... Are we speaking the truth? Are we being clear and honest? Are we

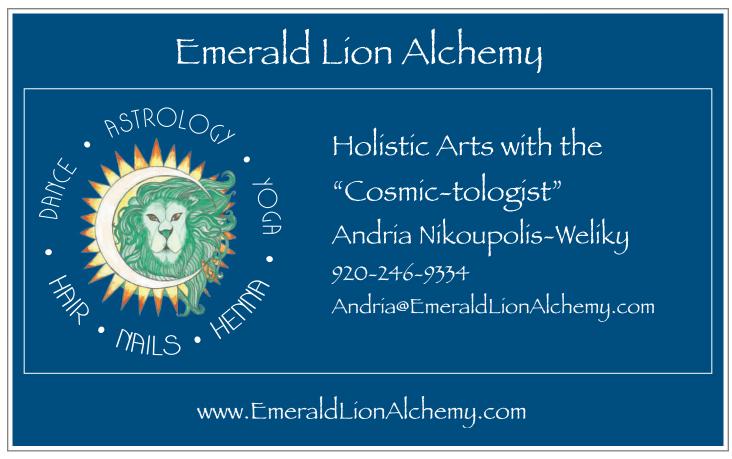


staying curious? Are we coming from the heart? While Pluto retrograde is fact checking and Neptune at the 29th degree of Pisces can bring in confusion, and with so much Mercurial buzz creating possible distraction, it would serve us well to ground whenever possible, to get quiet, exercise the mind muscle to be still, turn in and center with our breath.

May we remember that we are the builders, we are the visionaries and our ideas create the new tomorrow.

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Are you curious to know your own personal Cosmictology Forecast? Schedule your personal Reading with Andria today! See ad below!





# **Expand into Your Leadership with**

# Sunstone



s we step into June, we welcome Sunstone as the crystal ally of the month. I've been spending time with it in the forest. The forest helps me clear my head and disconnect from the rest of the world. When I'm deep in the forest, I feel more in tune with my intuition and the energy of the stones. During a recent visit, I sensed the presence of an animal ally—the cougar.

I've been working with pumas for almost twenty years. They bring protective energy, fierce boundaries, and a courageous approach to traversing difficult emotions. While pumas and cougars are big cats, the energy I experienced in the forest felt distinct and made me curious. About a week later, I learned that a cougar had actually been spotted in the area during the winter. This caught my attention and prompted me to look closely at the cougars message.

After a bit of journaling and journeying, I pulled out my goto guide for animal wisdom, "Animal Spirit Guides" by Steven D. Farmer. The first message echoed within me: "If cougar

shows up, it means you're being called to provide leadership."

As I read those words, I felt a surge of energy and had an 'of course' feeling flow through my body. The theme of leadership was also emerging in my work with Sunstone. This high-vibe stone exudes an energy of joy and sunny optimism. It invites us to stand in our light and encourages us to pursue our dreams with courage and bravery.

Over the past year, as I've been incorporating sunstone into my jewelry creations, I have noticed how it also activates a sense of potential and

possibility. Sunstone reminds us of our true nature and calls us to align with it and lead our lives authentically, which is uncommon in our modern world. Many people strive to fit in and conform, denying their unique qualities and the light they have to share with the world.

Sunstone is a powerful ally for enlightened leadership — the kind of leadership our world needs right now. Enlightened leaders walk with vision. They empower others and bring a compassionate presence to everything they do. They lead by living in full alignment with their vision and true nature, inspiring others to do the same. Embracing one's vision and rising to it can be daunting, and that's where sunstone comes in, strengthening our inner will and illuminating the qualities needed to confront those fears.

In my life, I am seeing places where I feel called into deeper alignment with my true nature as I rise in my leadership. The June crystal ally Sunstone and the appearance of the cougar remind me that I have unique gifts to share as we navigate times

of change. They ask me to consider whether my vision aligns with how I live and to what extent I

embody my vision.

The medicine of Sunstone and cougar is something we can all benefit from at this time

we can all benefit from at this time.

So, as we enter the month of June and meet with the summer solstice, I invite you to stand in your light as you reflect on your own vision and how you can courageously embrace the ways your vision is ready to live in your life. Sunstone is here to light the way.

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See Lori's ad on page 19

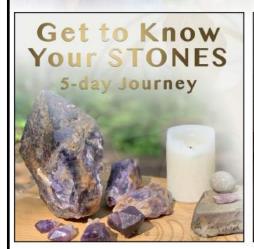


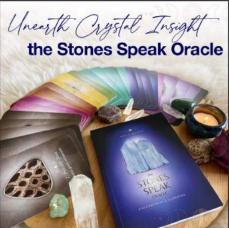
See Lori's ad on page 19 for how you can order her Stones Speak Deck.



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## From **Fifty Shades of Life** A Facebook Page Moderated by Emma Isabella

hired a plumber to help me restore an old farmhouse, and after he had just finished a rough first day on the job: a flat tire made him lose an hour of work, his electric drill quit and his ancient one ton truck refused to start. While I drove him home, he sat in stony silence. On arriving, he invited me in to meet his family. As we walked toward the front door, he paused briefly at a small



tree, touching the tips of the branches with both hands. When opening the door, he underwent an amazing transformation! His face was wreathed in smiles and he hugged his two small children and gave his wife a kiss. Afterward he walked me to the car.

We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do earlier. 'Oh, that's my trouble tree,' he replied 'I know I can't help having troubles on the job, but one thing's for sure, those troubles don't belong in the house with my wife and the children. So I just hang them up on the tree every night when I come home and ask God to take care of them. Then in the morning I pick them up again.' 'Funny thing is,' he smiled,' when I come out in the morning to pick 'em up, there aren't nearly as many as I remember hanging up the night before.

Life may not be the party we hoped for, but while we are here we might as well dance. We all need a Tree!

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# She's Still Here | The story behind the book "Growing From the Ashes"

By Sheila Lowe, MS, CFDE

After years of writing nonfiction about handwriting psychology and mystery fiction, Author and forensic handwriting expert Sheila Lowe tackled a memoir. This book details her spiritual path after the murder of her daughter ~ from a strict religious background that allowed for no belief in an Afterlife, to the freedom of understanding that there is no death, only life after earth life.

hen my daughter Jennifer was the victim in a murder-suicide in 2000, my world was forever changed. Raised in a fundamentalist cult, I had been taught that any contact with the spirit world was demonic. Meditation was forbidden. "If you open your mind, you'll let the devil in," they said, and "Brothers, we would not want to engage in independent thinking."

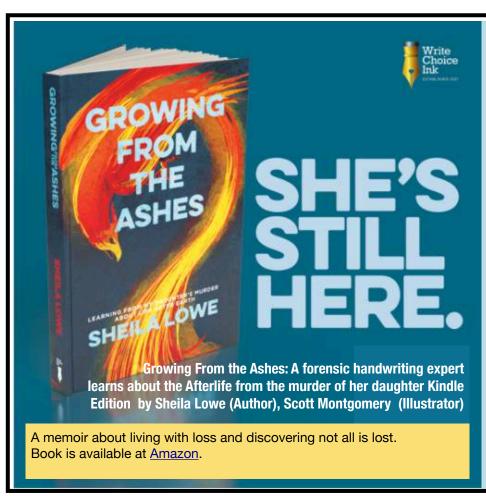
I can't imagine what ideas they thought the devil would plant in my head, but thankfully, by the time this unspeakable tragedy took place, I had been excommunicated for being "a danger to the congregation" and was ready for some independent thinking. I wanted to know where my daughter was now.

Shot to death by a man she had known for less than a year, Jen was 27 when she crossed. For most of her life we had a difficult relationship, but in the two years before she left, we resolved the issues between us. Two months before her 'death,' Christmas 2000 was the happiest occasion I could remember.

She had been interested in spiritualism for a long time. A few weeks before she exited this life for the next, she drove 100 miles each way, just to see *The Sixth Sense* with me. Throughout the film, I noticed her glancing over to gauge my reaction. We also watched *What Dreams May Come*.

Jennifer is as strong a spirit as she was a human. Almost immediately, she showed me she was still here. The day after her 'death,' I heard static and a faraway voice on my home phone and my mobile phone. The *Tresor* scent she wore perfumed the air. The stereo turned itself up on a significant

Continued on page 21







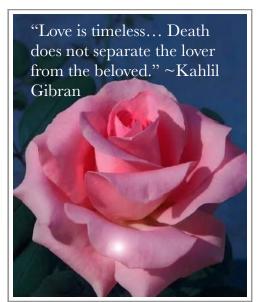
song. And, as if still in the physical, she walked past the kitchen door.

As a published author in nonfiction and fiction, I felt from the first that I had to write a book about Jen's life and death. The title came right away: *Growing From the Ashes*. But that book was too hard to write. Who wants to read a story with such a sad ending? I asked myself.

As the years passed I read many popular books on the Afterlife, and attended two AREI symposia. I met high profile mediums such as John Edward, who picked me out of a crowd before his first TV show aired. James Van Praagh came to my house and taped a show (clearly Jen's doing). Suzanne Giesemann gave me a reading and interviewed me on her radio show about a paranormal mystery fiction book I'd written. I had many such experiences—I confess to being a 'psychic junkie.'

Spirit started sending me messages about writing an autobiographical book—something I resisted for a long time, not wanting to be exposed in that way. Still, the messages kept coming. I tried bargaining with Spirit, but that didn't work the way I'd hoped.

Finally, last December, I decided to capitulate and write *Growing From the Ashes*. With a 23-year spiritual journey, I had a better ending to write; or more accurately, a better *beginning*, both for Jennifer and for me. So, in January I started gathering the material I wanted to cover in the book, much of which surprised me. It usually takes me at least nine months to write a full-length book. On February 1st, I started writing. On February 27th I was stunned to find myself writing *The End*. I am confident that if you are reading these words, you will know without a doubt that Spirit was guiding my pen.  $\Delta$ 



## ~ For the FUN of it ~



Pre-internet chat room using an old version of windows







# **Beyond Rational Mind**

## **Uncommon Dialogues with the Indwelling Spirit**

This article is an excerpt from a greater unpublished work Kathleen titled: "Beyond Rational Mind~Uncommon Dialogues with the Indwelling Spirit"

Q. Can you give us some insight about our relationship with God, the way we 'do' God here in the West?

h, most certainly. You pray to a deity by removing yourself from that deity. You call it God and then proceed to make of it this mythological figure that is all knowing, all wise. However, as much as you say this figure is all knowing and all wise, you then proceed to make it the most petty and ridiculous caricature of Creation possible. You imbue it with powerful jealousy, anger, and resentment. You make it a God of judgment and wrath. It holds little resemblance to the Creator of All. It is much more akin to the ego that has caused it into being. You see, you have created God in your mind's image,

"There are some who bring a light so great to the world that even after they have gone the light remains.
"-Author Unknown

Photo: ©Jane Erica Hutchison

not recognizing that you are in truth created from this vast eternal substance that continuously recreates itself.

Because you do this, you are very invested in being good rather than bad. Yet when you have things happen in your life that seem bad, you shake your fist at this God you have created because it has not rewarded you for your piety, nor has it saved you from the vicissitudes of life. Your concept of God is such a narrow one that it confines you to a very short range of emotion, growth and expression. You are damned so frequently that soon you may give up altogether, because the requirements of this God are so unrelenting that being Mother Theresa might not even qualify for full acceptance.

The problem with your linear view of God is that it does not mesh with the natural order of life. It is confined to good or evil. There is no in-between state of grace. Because it does not include the circular movement of existence by which the round of life and death are integral parts, you have no context for the times of good (growth) and bad (decay). In a more natural rhythm of life and creation, there are seasons. We have the springtime of creation. We have the full flowering of activity in the summer of our lives. We have the harvest of fall, and the return to source or death in winter. But always out of winter comes spring. Yet, in the narrow theology of God presented by the ego...it is all or nothing. This is probably one reason why you cling so fervently to youth in the West. Old age represents finality and is a signal that your one allotted moment on earth is coming to an end. (But here we get into another topic altogether.)

Q. Can you talk about our relationship to God ~ this God you say is the ego's creation?

Yes, of course. The ego makes of God something it must be supplicant to. It beseeches, petitions, pleads with, threatens, wails, and confronts. But again, all from a position of being other than. The outsider. How can that which is part of creation be anything but creation? How can that which manifests itself in everything be anything but part of everything? Therefore, how can creation petition outside of itself for anything? And why would creation hold itself in fear or contempt? Only the ego is capable of this kind of chicanery.

Continued on page 23

#### Beyond Rational Mind from page 22

Therefore, I must say to you that the God you pray to is not the Great Creator of All That Is, but rather the construction of your ego's perception of what God is. It is the ego that holds itself up as singular, as separate. It is the ego that is the great usurper and the false God. And as the scriptures state, "Thou Shalt Place No False Gods Before Me." Who but the ego can ask this? Who but the ego considers I and Thou? Creation knows itself as itself ~ whole, holy, and undivided. It is the true "one nation indivisible."

Through this perception of Creator, you are always at a loss when something horrifying occurs. You cannot justify that a just and merciful God would cause hurtful things to those it loves. Yet, your assumption is that something is found and something is lost. Neither is true. All just is. Birth and death, creation and destruction ~ all are part of the great circle, the great recycling of life. Because we are limited in perspective to the moment, we cannot see how the interweaving of life and death causes greater symmetry in the fabric of life. Because we are limited by our physical vision, we are unable to pierce the veil that separates us from the other half of our existence ~ the place where death resides. We fear this. We are terrified of loss. But in truth, nothing is lost.

"In meditating,
meditate on your own
divinity. The goal of life
is to be a vehicle for
something higher."

—Joseph Campbell

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### Food for Thought ~ On Emotional Intelligence



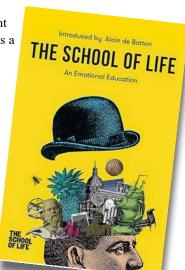
he emotionally intelligent person knows that love is a skill, not a feeling, and will require trust, vulnerability, generosity, humor, sexual understanding, and selective resignation. The emotionally intelligent person awards themselves the time to determine what gives their working life meaning and has the confidence and tenacity to try to find an accommodation between their inner priorities

and the demands of the world.

The emotionally intelligent person
knows how to hope and be grateful, while remaining steadfast
before the essentially tragic structure of existence. The
emotionally intelligent person knows that they will only ever be
mentally healthy in a few areas and at certain moments, but is
committed to fathoming their inadequacies and warning others
of them in good time, with apology and charm. There are few
catastrophes, in our own lives or in those of nations, that do not
ultimately have their origins in emotional ignorance.

~Alain de Botton

(Book: The School of Life <a href="https://amzn.to/4dPggOz">https://amzn.to/4dPggOz</a>)
Potpourri (Art: Photograph of Paul Newman and wife Joanne Woodward)





### **Author, Artist, Blogger Robert Moss**

Robert Moss Blog https://mossdreams.com/

# Synchronicity: when the universe gets personal

# **Speaking Land**

he easiest way to understand synchronicity is the oldest. We live in a conscious universe, where everything is alive, everything is connected, everything has spirit. Early peoples say that humans are the animals that tell stories about all the others, but this does not mean that humans are the only ones talking. Birds speak in complex languages, bees are great communicators and their drone or hum is the sound that humans often hear when their inner senses are opening. A stone can speak, though it may lie dormant and silent until approached in the right way. A river or a mountain can speak. Thunder is louder than any human could speak until people started making things that can blow up cities.

The Aborigines of my native Australia say that we live in a Speaking Land where everything is speaking. How much we can hear depends on how we use our senses, both inner and outer. How much we can use and understand depends on selection, on grasping what matters.

While the world around us is alive and spirited, it is also the playground or boxing ring for spirits whose home is in other realities. Some have been worshipped as gods, invoked as angels or feared as demons, and still are by many. A passage in the Puranas informs us that there are 40,000 orders of beings, humanoid to human perception, that are within contact range of humans. They may be friendly, hostile or inimical to humans and human agendas.

The air is thickly settled, as they say on New England road signs, with spirits of the dead. Some are bound to certain places. Some are hitchhikers, getting around by riding the living. Some are visitors dropping in for the night. Some are commuters from the astral realm of the Moon. They may have been promoted to the rank of daimon and given responsibility, under the supervision of higher intelligences, for watching, counseling, or intervening in the lives of people on Earth. From this very ancient and primal perspective, it's *all* personal.  $\Delta$ 

## Doppelgängers from the Future?

H ave you had glimpse of a doppelgänger from the future? I know this happens in dreams.

I am rereading *The Seth Material* where this incident is recounted. Jane Roberts and her husband Rob are on vacation in York Beach, Maine in 1963. She is beginning to discover her psychic gifts in contact with Seth; Rob is suffering severe back

pains. They decide to go to a lively night spot to try to raise their energy. They are amazed to see an older couple seated in their line of sight who look just like them, but older and sour and embittered.

Rob has a visceral response. He grabs Jane, pulls her on to the dance floor and they do the Twist until the band packs it in, utterly out of character for Rob.

When the music stops the sour old couple have gone. Did Jane and Rob just separate themselves from a probable path to a miserable future?

They ask Seth, who says the embittered couple were "fragments of your selves; thrown-off materializations of your own negative and aggressive feelings." He talks about how we

are constantly generating thought forms that can take on physical life. He does not say it clearly, but my impression is that Jane and Rob encountered doppelgängers from a possible future, then twisted probabilities when they joined the dance, leaving the sad couple on a path not taken.



Journal drawing by Robert Moss

 $\Delta$ 

"Powers of the deeper world move among us. Call them gods, daimons, ancestors or archetypes. Most of the time we are unaware of their presence. When they are in the field - noticed or invisible, invoked or uninvoked - their presence has a shimmer effect on the ordinary world. The fabric of physical reality in their vicinity becomes fluid and unstable. We experience the shift as synchronicity or anomaly. If we become alert to the shimmer effect, and make the right moves in that moment, we can help manifest extraordinary things."—Robert Moss

### From the TIV Archives | Miracles I've Seen | By Faith Healer Rev. Joann Baumann

# Vietnam Vet Heals Himself Following Years of Problems

Syndrome, Schizophrenia, Diabetes and had high blood pressure since 1975. He also had chronic pain in his left shoulder, arm and rib cage. Since the Vietnam War, he had a sleep disorder that wouldn't allow him to sleep at night. He had been hospitalized in psychiatric wards several times. Doctors gave him all kinds of medicine to make him sleep, but James said it made him feel like a "zombie," or "the walking dead." James also suffered from low self-esteem stemming from being abused by his father as a child. He felt he was not accepted as a black male in the early 1960s and not accepted by follow Americans as a soldier – even when he served in the front lines during the war. No wonder he developed a violent attitude!

As a truck driver after the war, he admitted he took his anger out on people with his big-rig. Alcohol problems also became a part of his life. His last stay at the Veterans Administration Hospital was a two year stretch where he was sometimes locked-up because of his behavior. He tried to commit suicide several times by stabbing and cutting himself. James knew something was missing in his life, but he didn't know what.

On New Year's Eve in 1996, a new life with miracles began to unfold. He attended a non-alcoholic party at Wellspring Retreat Center in Newburg, Wisconsin. When he arrived there, he was welcomed by Mary Ann Ihm, the Founder and Director. He recalled, "For the first time that I can remember, people reached out to me as a human being. It felt better than any drug or drink I had ever tried, and I had tried plenty."

Several months later James moved to Wellspring to participate in the organic garden intern program. When he arrived there in April, he couldn't stand for more than 10 minutes at a time, or for more than a total of two hours per day. As he ate the healthy food Mary Ann prepared, he lost weight, his diabetes got under control, and his energy came back.

Mary Ann introduced me to James and suggested a healing session for the insomnia and the pain he had in his shoulder. I told him to expect a miracle and that is what he got. After the first treatment of acupressure and Reiki, James was able to sleep



the whole night through, something he hadn't been able to do for 30 years. In the next session, I worked on his left shoulder, elbow and rib cage. He had severe pain for two previous years and allopathic medicine didn't help. It took only two sessions and the pain was gone. He was able to reduce his prescription medicines from 14 to only three per day.

James felt that no one would want to be friends with him, and

when I offered to be his friend, he cried. It took him years to get where he was and it took only a few months to heal. He later told me, "God has healed every aspect of my life." His hope is that others can be healed by hearing his story.







### **Messages from Heaven**

A Collection of Messages Author Rev. Joann Baumann received from her son in Heaven

### In Memoriam ~ Pat Gullett



Pat Gullett was a mixed media painter, artist, photographer, writer, teacher, blogger who in her words...Loved Art! She was a long-time contributor to this magazine. Pat's husband Dave reported, "Pat wanted to 'go out quietly.' While her exact cause of death was not determined, he reported that it was sudden and peaceful; simple and elegant. She had accomplished everything that she had set out to do in this life and it was time for her soul to return home. While the timing was most inconvenient for those of us who loved her, she passed over healthy, beautiful, and by my side. She told me several times in the weeks before her passing that she had a wonderful life. Who could ask for a better way to make the crossing?" R.I.P. Beautiful Soul!



Opening Heart, The Sacred Lotus of Light & Love



Through the Portal ~Artistically keep following your passion, curiosity, learning something new.



Moon Goddess of the Liminal Space



# Find a Way [to Reach God]

Meredith Young-Sowers, D.Div. is the Author of: Agartha, The Angelic Messenger Cards, Spirit Heals, Wisdom Bowls, and more. She is the Founder of The Stillpoint Foundation and School and now a watercolor artist. Email: mysowers@gmail.com

've been doing a lot of client sessions recently, perhaps because our lives feel so out of control with the fast pace of things and certainly because of the unprecedented drama in the world. People are shaken in how to proceed in their lives. The thing I've especially noticed, over and over again, is people want to understand how they can believe that life will be better, calmer, more manageable and perhaps happier in the future. Where is the "Divine Hand" so to speak?

It's surely important to talk about what beliefs lie behind a person's presenting situation awareness and understanding are important in the process of change. But that isn't enough. We can intellectually talk about ourselves — and while interesting — even fascinating — it's not enough to change how we actually live and the future that we're drawing to us.

Realizing that within us is a golden column of light — of Spirit – that's always available to us and necessary to draw from in order to change the dynamics of our situation. We get sick, wounded, undone from the outside in — meaning our reaction to people and circumstances can break-down our self-belief, as well as our physical well-being. By contrast, we heal from the inside out — meaning when we feel all is lost or we're depressed or hurting, we can perhaps accept that as we touch into this column of golden light, we're really taking hold of a Divine Hand. This symbolic Divine Hand represents the very real and all-enduring "Essence of Divinity" within us.



The Hand of God; The Creation of Adam by Michelangelo

As we imagine taking hold of this helping and supporting hand — a "Hand" symbolically that is all powerful in encouraging us to trust our own inner power and presence, we find renewed

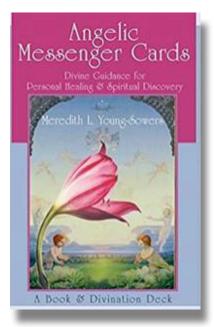
courage and permission to take on old challenges in new ways. I love to imagine of a "Divine Hand" — perhaps remembering Michelangelo's painting (above) or, Sai Baba, the spiritual teacher's reassurance that healing comes from a human reaching to God, and then God reaching back. We're talking about reaching for God inside where Spirit flows freely.

#### Meditation

Take a minute to draw in a Deep Breath. Place your hand on your Deep Heart and allow your energy to connect with the Golden Column of help and healing energy of God. Relax, relax, relax.



Agartha: Journey to the Stars by Young-Sowers, Meredith L. (2006) Paperback



Angelic Messenger Cards: Divine Guidance for Personal Healing and Spiritual Discovery, A Book and Divination Deck



# Where Are the Men?

### By Richard Schneider

ast month I wrote about the role men play in their relationship to the Divine Feminine. This month takes a different tack in addressing the physical representation of the Divine Masculine in the New Age. The fact of the matter is, at least in my forty years' experience in the New England area, men were greatly unrepresented compared to the women in spiritual gatherings. I've attended an uncountable number of psychic circles, ceremonies, seminars, workshops, and lectures where the men were few and far between. Many times, I was the only man there. I can think of only one gathering over those many years, a psychic circle, where the men outnumbered the women consistently meeting after meeting.

I can't speak for other areas of the country and what's happened there, but I do have an indication. With the popularity of ZOOM groups now, I get to witness again who is showing up, this time from many parts of the country, if not the world. I find the situation the same. The women almost always outnumber the men. Young men, especially, are notably few. Where there appears to be a greater number of men proportionally is among

The Third Paradigm

Richard Ochneider

**Spiral Reincarnation The Third Paradigm** 

the spiritual thought leaders, presenters, and authors but not in the rank; not in the gatherings.

A balance of masculinity and femininity is part of the Divine Order. This is illustrated in the symbol of Yin and Yang which I displayed in last month's issue of *The Inner Voice*. A man is represented by the white area and is mostly of the masculine principal except for the black

dot which represents the Divine Feminine within him. Conversely, a woman is represented by the black area and is

mostly of the feminine principle except for the white dot symbolizing the Divine Masculine within her.

There is a symmetry of Divine proportion in this symbol. The underlying significance is equilibrium. There cannot be a disproportionate area of black for the feminine with only a small white area representing the men. There needs to be balance. The importance of this is that The Transformation, where all on Earth comes to exist in a

higher vibration, requires such balancing of men and women in numbers to come to fruition. It cannot be expected that women, even with their increasing spiritual vibration, can bring in the men by themselves. The men have to start showing up in greater numbers of their own spiritual volition.

How then can men be attracted to the spiritual gatherings? It isn't enough that women can encourage the men in their lives to take a more active role. More must be done. It will help if thought leaders, presenters, and authors bring attention to this matter to raise awareness. Also, in the promotion of spiritual functions, the message can be consciously tailored in a way that attracts more men. Further, and most important, members of the Spirit Realm are concerned about this issue since it is so tied to what is occurring on the Earth plane regarding the onset of The Transformation and the New Earth. We need to ask their help with this now. Together a great manifestation can occur which can turn the tide.

A clear sign of the coming Transformation will surface when men begin taking their place alongside women in spiritual gatherings. It is up to us. We are always the hope we've been waiting for. Given the current state of the world these efforts to help bring about The Transformation we long for cannot come too soon.

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Richard Schneider is a spiritual intuitive and practitioner, Reiki Master-Teacher, and elder, who has been on his spiritual path for over 40 years. He has experienced both past-life regressions and future-life progressions. He holds degrees in journalism, theology, and architecture. Before retiring, he worked as a registered architect and as a full time and adjunct professor of architecture and interior design. His book "Spiral Reincarnation" is now available on Kindle.

### From the Stillpoint Within by JA Diogardi



# Message #20

n The Once and Future King, author T. H. White writes his interpretation of the Arthurian legend: might for right; the chivalrous knights of the round table sitting in

equality with one another; the consequences of betrayal and, at the same time, loyalty. The imagery brought about by these stories touches on the human consciousness of duality and our desire to integrate opposing energies when possible, using our power (might) for what we have come to believe is *right* for ourselves or the whole.

The intention to be of service that is at the core of this tale comes from the heart center, and in this case, a heart center well aligned with will. These heart-centered emotions, however, are sometimes overridden by the needs of the physical world and the longings of human bodies also occupied by a spiritual yearning for union and dissolution of form. The rules of society at large—made to assure the practical requirements for survival as well as the egoic need for control and dominance—clash with the higher knowing of this story's hero.



Looking down the Cornish coast through the Arched Door at Tintagel Castle, UK

King Arthur, as mentored by the wise (but flawed) Merlin, reaches beyond the limits of his human mind to converse with other earthly creatures in order to gain a broader perspective of the world in which he lives. Through Merlin's teachings, he gains wisdom that allows him to achieve a level of compassion and forgiveness that touches upon the Divine, even though Arthur himself remains

flawed. (Results of his succumbing to youthful carnal desires later play a part in the dissolution of his beloved Camelot.) In this tale, though chaos ultimately dispels the peace and harmony of the human souls united in community, the potential that manifested in mythic earth-time remains in the energetic field of the collective and can serve as inspiration to reach for the higher spiritual ideals while on planet Earth.



Merlin

Why include this observation in a forum where spirituality and the expansion of conscious awareness are the primary topics?

The aforementioned desire for a world in which all are equal and united in upholding the highest potential for humanity is imprinted in our collective unconscious. The mortal behaviors and longings that we judge to be wrong or (more kindly) foolish are simply alternate expressions of certain energies—darker ones, to be sure, but equally valid on this plane where emotional bodies, creative expression, and free will reside. Learning from humankind's comprehensive history (regardless of the...factual validity of the tales) allows us each to choose our course of action, furthering our acquisition of knowledge via the perceived conclusion of our chosen paths.

This wondrous world in which we live offers endless opportunity for experimentation and growth. Seize each chance for widening a narrow point of view, as did young Arthur under the tutelage of Merlin. *Be your own wizard!* Recognize that the "happily ever after" of fairy tales is actually available, albeit not in the way we've interpreted.

"Happily ever after" exists in presence, in heart-centered love and compassion, in forgiveness of others and self for perceived wrongdoings, and in the joy and serenity that are ours when we live mindfully with trust in our Soul's higher guidance, enveloped in the grace of Source, and at one with All That Is.

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About JA Dioguardi in her own words: "I am a Cosmic Consultant for Change. I inspire, teach, and heal via the vibration of my words." For more of JoAnn's writings visit: www.jadioguardi.com

## **Essential Feng Shui® News**



# Feng shui 'lights the way' by reconciling differences in personal tastes to create marital harmony and bliss.

n feng shui, we recognize the most important criteria in determining good design for a couple is to be sure they each have their own personal space within the home. Without having a designated space to 'hang one's hat,' chaos and discord ensues in the relationship.

A few years ago I got a call from a woman who asked if I also staged homes for sale. She was on the verge of divorce from her

husband, an avid game hunter who loved the hunting lodge look with rooms full of his taxidermy trophies. Her tastes in decor could not have been further from his. She loved pretty pastels and lace and clearly a more feminine look. By time she called me for help, her husband was worried he had to choose between her and all of his deer heads and moose antlers! I looked the situation over and found they still were committed to each other and wanted the marriage to work, but were doubtful anything short of a separating could resolve their dilemma.

This may be the design problem that inspired the idea of the man cave.\* I suggested he claim a room of his own to display his antlers and alligator end tables. We turned his home office/den into 'just his space,' which was hands off to her. He was completely happy to create that room into his personal retreat

in which to work, relax or watch a game without disturbing her. She had the rest of the house to do as she wished. And you know what? She could decorate it to her heart's content with her beloved hearts and flowers, without any complaints from him. A month or so later I returned to see the results of their project and found them to be very happy with the way things were going. He didn't mind her ultra feminine decor, and she made peace with the animals now in their "cage." A win, win!

Another client had a similar situation. She and her husband lived in a huge house that was too big for just the two of them. When I arrived for the appointment, she explained that she needed help to stage the home as they were getting a divorce and selling the house. She was in tears. She didn't want her marriage to end, but she didn't know what she could do to fix things.

I looked around (with my feng shui marriage-saving eyes) and saw, first of all, as lovely as the home appeared first glance,

the house was way too big for this couple. When I took a closer look, I found there was no place two people could sit and talk without shouting across the room to one another. All the artwork she had chosen depicted lone figures statuary and large paintings depicting single women. One predominate painting looked like a woman crying in the rain. Clearly it was all her art and nothing of his was on display. I would have assumed a single woman lived

there. When we went to her basement that stored more decor items, I reached for a beautiful orange glass vase that would be perfect to stage the dining room table. It had been down there awhile because it was very dusty. When I grabbed it, she burst into tears. It brought up a memory of the day he gave her the vase as an anniversary gift, and she admitted it had been on the basement shelf ever since. She had never given his gift a place of honor! When he came home that evening,

I wasn't sure what to expect, if he'd be happy about the changes we made, angry we've moved things around, or indifferent as she had suggested. I was happily surprised to see his enthusiasm! He loved seeing his vase on the dining room table! He went and got the ladder we needed to reach an item hung high on their living room wall. Clearly he was

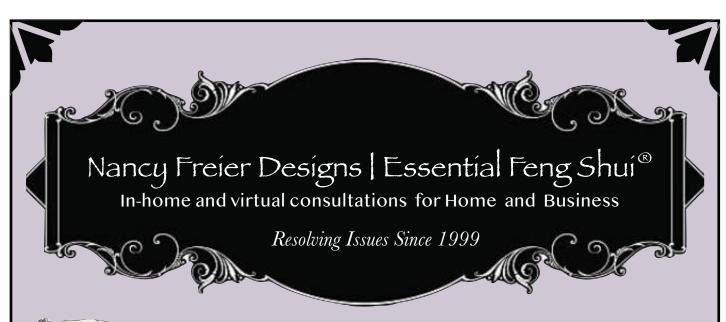
all in for saving his relationship and eagerly helped us rearrange the furniture to support it. Finally, there was seating in both the kitchen and living room where they could talk and share their lives with one another in a cozy, intimate setting

Their home became a reflection of *both* of them. When all was balanced they realized they were still in love with one another. It was almost instantaneous! Where there's a will there's feng shui to light the way to living in peace and harmony under the same roof!

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\* The term "man cave" entered the public lexicon in the 1990s, but the concept can be traced back to ancient times. The term was first published in a 1992 Toronto Star article; and, gained popularity after being used in John Gray's 1993 book, "Men Are from Mars, Women Are from Venus."





A feng shui consultations creates a plan forward to create amazing results in your home, your relationships and your life even where none seem possible. My time with you includes an analysis of your home's architectural design, the floor plan, furniture placement, balancing the elements, a review of color, textile and other décor choices ~ everything you live with. I leave you with a plan to follow that ensures all will be in alignment with your relationships and goals in life. I call it "Harmony by Design!"



What do you think of this Victorian era style chaise?

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## Check List for Balancing Yin & Yang in Home Design

T ere is a check list I use to analyze a client's lifestyle.

The list is adapted from the Western School of Feng Shui® and helps determine how to bring a home into ultimate comfort and balance. I share the list here because it provides an awareness of how the Yin and Yang energies affect those living in a home. My goal as a feng shui practitioner is to help you recognize the areas in your home that are in need of balancing and enhancing so that your home is an



"environmental affirmation" that will help bring about desired

results.

Try it! Take a few moments to score yourself 1 to 5 on both sides of the list to determine how the **Yin** and **Yang** influences your lifestyle. If your weekdays are different from your weekday score your lifestyle from a weekday perspective, and then score it again from a weekend perspective to see how they compare.

The predominant way I live my life is \_\_\_\_\_

Where in my home is there an open invitation to relax? An open invitation to be active? Scoring: 1-Rarely or never; 2-Sometimes; 3-About half the time; 4-Often; 5-Very often or always

Yín	YANG
Spend lots of time at home	Spend lots of time away from home
Rest/Sleep/Nap	Work/Be active
Give time to myself	Give time to others
Work Alone	Work with other people
Hang out alone	Socialize and Entertain
Have quiet intimate conversations	Have loud animated conversations
Meditate, journal, reflect	Move, dance, exercise
Read silently	Read aloud
Lounge	Do chores
Speak softly	Speak loudly
Listen more than talk	Talk more than listen
Feel grounded	Feel spacey
Feel relaxed	Feel stressed
Feel calm	Feel excited
Drink non-caffeine drinks	Drink caffeine drinks
Prepare home-cooked meals	Eat already prepared foods
Dine leisurely	Eat on the go
Take a leisurely bath	Take a quick shower
Leave plenty of time	Rush to be on time
Be organized	Be disorganized
Do one thing at a time	Do many things at one time
Drive at the speed limit	Drive faster than the speed limit
Engage in quiet pastimes	Engage in lively activities
Listen to relaxing music	Listen to fast music
Relax in the garden	Work in the garden
Get a full nights sleep	Go to bed late and get up early
Total Yin Score	Total YANG Score

The 'magic' of feng shui is that it's a system of design principles that when properly applied, can create an environment that positively influences you. And, it really isn't 'magic' at all. It is science.

# The Prophet~Kahlil Gibran

unintelligible because he could barely speak English. When he arrived in this country, he was placed in a special class for immigrants. But, a few of his teachers saw something in the way he expressed himself, through his drawings, through his view of the world. He would soon master his new language.

His mother had made a difficult decision to take him, his two younger sisters and a half-brother to America, seeking a better life for their family. They settled in Boston's South End, at the time the second-largest Syrian-Lebanese-American community. The family would struggle and the young boy would lose one sister and his half-brother to tuberculosis. His mother would die of cancer.

He would write, "Out of suffering have emerged the strongest souls; the most massive characters are seared with scars."

He was born in poverty on January 6, 1883 in what is now modern day Lebanon. He believed in love, he believed in peace, and he believed in understanding.

His name was Kahlil Gibran, and he is primarily known for his book, "The Prophet." The book, published in 1923, would sell tens of millions of copies, making him the third best-selling poet of all time, behind Shakespeare and Laozi.

Published in 108 languages around the world, passages from "The Prophet" are quoted at weddings, in political speeches and at funerals, inspiring influential figures such as John F. Kennedy, Indira Gandhi, Elvis Presley, John Lennon, and David Bowie.

He was very outspoken, attacking hypocrisy and corruption. His books were burned in Beirut, and in America, he would receive death threats.

Gibran was the only member of his family to pursue scholastic education. His sisters were not allowed to enter school, primarily because of Middle Eastern traditions as well as financial difficulties. Gibran, however, was inspired by the strength of the women in his family, especially his mother. After one sister, his mother, and his half-brother died, his other sister, Mariana would support Gibran and herself by working at a dressmaker's shop.

Of his mother, he would write:

"The most beautiful word on the lips of mankind is the word 'Mother,' and the most beautiful call is the call of 'My mother.' It is a word full of hope and love, a sweet and kind word coming from the depths of the heart. The mother is everything — she is our



Book: The Prophet https://amzn.to/3LqsqAN)

was called "filthy" because his skin was dark, consolation in sorrow, our hope in misery, and our strength in

weakness. She is the source of love, mercy, sympathy, and forgiveness."

Gibran would later champion the cause of women's emancipation and education.

He believed, "Safeguarding the rights of others is the most noble and beautiful end of a human being."

In a poem to new immigrants, he would write, "I believe you can say to the founders of this great nation. 'Here I am. A youth. A young tree. Whose roots were plucked from the hills of Lebanon. Yet I am deeply rooted here. And I would be fruitful.'"

He would write in "The Prophet":

"Let there be spaces in your together-ness, And let the winds of the heavens dance between you. Love one another but make not a bond of love: Let it rather be a moving sea between the shores of your souls. Fill each other's cup but drink not from one cup. Give one another of your bread but eat

not from the same loaf. Sing and dance together and be joyous, but let each one of you be alone, Even as the strings of a lute are alone though they quiver with the same music. Give your hearts, but not into each other's keeping. For only the hand of Life can contain your hearts. And stand together, yet not too near together: For the pillars of the temple stand apart, And the oak tree and the cypress grow not in each other's shadow."

## The Prophet – Khalil Gibran

Do not live half a life
and do not die a half death
If you choose silence, then be silent
When you speak, do so until you are finished
If you accept, then express it bluntly
Do not mask it
If you refuse then be clear about it
for an ambiguous refusal is but a weak acceptance
Do not accept half a solution
Do not believe half truths
Do not dream half a dream
Do not fantasize about half hopes
Half the way will get you no where
You are a whole that exists to live a life, not half a life.

>

From Facebook Page <u>English Literature</u>

## **Angels and My Near Death Experience**

Timothy Wyllie was a writer, architect, teacher and telepath. He talked to dolphins, angels and aliens. He was a researcher of non-human intelligences since his NDE in 1973 during which he met his angels. His first of many books, 'Dolphins, ET's & Angels' remains a classic. He also co-authored 'Ask Your Angels' and many other projects in the genre of 'accessing rungs of reality beyond our own.' I met Timothy in the 90s and he was a contributor to this magazine until he passed to the Other Side on October 4, 2017, at age 77. Here is one of his articles he wrote for The Inner Voice in 2013



feel most fortunate to have actually seen and heard angels during my NDE in 1973. The experience itself is powerful enough. Most experiencers will say their NDE was the most significant spiritual event of their lives — but to see angels and to know they are real beings who care deeply for us — how could that revelation not change a person's life?

If I'd given angels any thought before my NDE it would have been a skeptic dismissal for so much religious hocus-pocus. That was what was shocking, that I could have been so utterly wrong.

Wrong not only about angels, but I had no concept of the

of such vivid clarity and ineffable beauty that my mind was elevated to an entirely new level of lucidity and coherence.

My experience, from being lifted out of my body and informed I was dying by a Being of Light; to being told I'd completed what I'd come to do and was being given the choice to continue or to return to life; to seeing the angels and being healed in my out-of-the-body state of what was killing me — all this and more is as clear now in my mind 40 years later as it was when I came back into my physical body, healed and healthy.

My life could never be the same again. I'd seen behind the veil. It was no longer a question of believing or disbelieving in the transcendent realm – I *knew*. There's no going back from

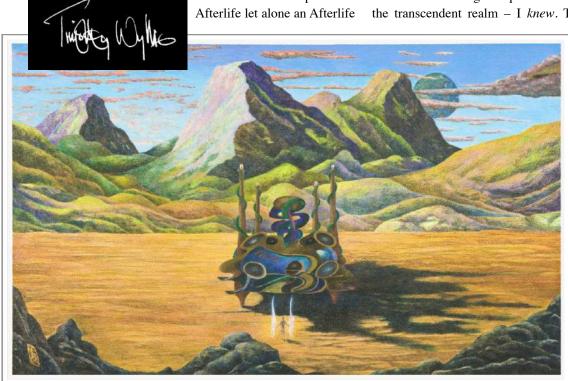
hat.

My position regarding the Afterlife prior to my NDE was similar to most contemporary scientists and thinkers. If I wasn't quite as certain of myself in my dismissal of the transcendent as a Richard Dawkins, or as acerbic as the late Christopher Hitchens, I had little time for angels. I still associated them - if I thought of angels at all with the Bible stories I had long dismissed as fairy tales, or with the fat little cherubs of Victorian iconography.

My NDE certainly put paid to\* those blinkers once and for all.

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\*A British term "to bring an event to a stopping point; the final payment.



-from www.TimothyWyllie.com The original size is 11.75" X 19.5"

In 1973 I was fortunate enough to have a Near Death Experience that changed and accelerated my life and provoked my consuming interest in non-human intelligences. I've described the NDE in some detail in my first book, **Dolphins, ETs and Angels,** and can still feel the reality of it to this day. It's somewhat more challenging to visually reproduce the perfect visual clarity, and I haven't been able to get across the enormous size of the structure in the center, My two companion angels escort me into the building for what turns out to be a healing. (Notice the tiny figure between the two angels.)



"Personal growth is my passion, Spiritual growth is my calling"

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LOCATION: New London, WI July 27th, 2024- Saturday 9:30AM-6:00PM July 28th, 2024- Sunday 9:30AM-2:00PM COST: \$222

Hosted By: Angela Zabel & Amy Schoepp

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