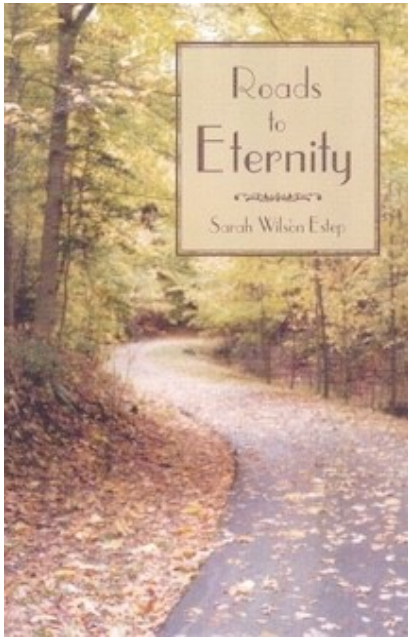


Overview:

Roads to Eternity by Sarah Wilson Estep

by Steve Freier



Sarah Wilson Estep (B. 1925 – D. 2008) was a pioneer paranormal researcher in the area of Electronic Voice Phenomena (EVP) in the United States and was considered one of the world's leading experts in the field. EVP pioneer Sarah Wilson Estep began traveling her own roads to eternity in 1976 when she sat down at a tape recorder for the first time and asked, "Is anyone here?" A skeptic about life after death throughout her first 40 years, her many experiences with the EVP phenomena through three decades of research have permanently changed her outlook.

The book provides an in-depth account of her experimentation with EVP (Electronic Voice Phenomena or ITC (Instrumental Trans Communication) as Sarah likes to refer to it, to communicate with souls who have died and are now

living on the other side or in a different dimension. Roads to Eternity describes the many contacts Sarah Estep has had with the unseen; some claiming to be spirits of the dead, perhaps even from the Akashic Records.

Using Electronic Voice Phenomenon (EVP), Estep and researchers around the world record supernatural voices on magnetic tape. At the end of the book she provides her own 'tried and true' step-by-step instructions for contacting the spirit dimension using tape recorders, computers, televisions, and more.

When she started her experimentation in 1976 she was an avowed atheist and had no belief in an afterlife, however, as her experimentation developed over the years, she began to realize she was getting actual understandable voice recorded responses on her trusty tape recorder in response to questions she would ask.





To her credit she was very dedicated in her practice. For instance, she would schedule 2 hours of practice in the morning and another 2 hours in the evening. What her method of practice was sitting down in a quiet place with her tape recorder and a microphone and asking a question and then waiting silently for 5 minutes while the recorder rolled. She would then rewind the tape and listen to that 5 minute section which was greatly amplified via a professional amplifier. With headphones on she would listen for the faintest voice and oftentimes got nothing. This

non-result was especially frustrating in her early months and years of experimentation. That goes to show how dedicated she was. Also, it shows how methodical she was in attempting to get responses in this manner.

Over time Sarah begins to realize that getting voices recorded on tape is proof positive of people who have died and are now trying to communicate from the Other side. Some of the voices could even be verified. Over time she began to become aware of other types of evidence proving the eternal existence of the so-called dead. For instance, she might see an apparition or feel the presence of a being that she could not see.

Sarah was also open to similar reports from some of her friends as well as other ITC experimenters around the world with whom she was in contact. You have to remember that much of this was started in the mid-1970s. At that time there was no Internet and no email, so people needed to send actual written letters via the postal service in order to communicate and share results and techniques with other experimenters. Of course, this became easier after the Internet and email became a reality in the late 1990s.

Some of the various chapter titles to give the reader a more expanded sense of the types of things Sarah was experimenting with and open to which she provides as more evidence besides just the ITC recordings.

Over the decades EVP has evolved and the field is now mostly called ITC. These days you can look up these terms and find others who are more up to date with technology doing essentially the same work.

In summary, I found this book very interesting in terms of tracking the evolution of ITC work. I forgot how I found it but it's still available if you want to look on Amazon or other book selling sites. I happened to find a PDF version, so if you're lucky, maybe you can find one too! Here's a link to [Amazon](#).