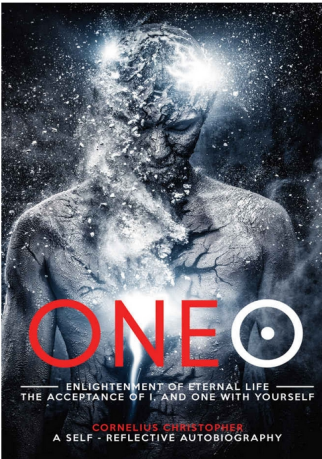


# ONEO: Enlightenment of Eternal Life, The Acceptance of I, and One With Yourself



What got me interested in reading this book was a YouTube interview with Cornelius Christopher by Kevin Moore on his channel, The International Spiritual News Network. Normally Kevin does 1 hour interviews, however this one was well over 2 hours. Cornelius Christopher's life journey entails a lot of abuse growing up, suffering from sexual, physical, and mental abuse, PTSD, severe depression, anxiety, suicidal thoughts, and loneliness, resulting in low self-esteem going into adulthood. I estimate that the first 75% of the book covers the details of his experiences with abuse and being rejected and put down by his father, older brother, society and even people he considered friends.

However, on March 29th, 2019, at 9:26 am, Cornelius experienced a phenomenon physicists call a quantum superposition meaning two or more conflicted states / alternative realities existing at the exact same time and in the same space. During which he was forced to watch the heart-wrenching scene of his wife finding him dying from his future suicide. He was able to view this all from the perspective of past, present, and future versions of himself, from the perspective of his ego, and through Consciousness itself observing it all unfold in the present moment.



Through this experience, Cornelius discovered that there is no such thing as death as we know it when you physically die. He had the experience that only consciousness exists. This was followed by a painful five-hour kundalini (consciousness) awakening that spontaneously reversed all of his mental, emotional and physical health issues overnight including receiving the gift of not

having an inner voice, ego, me, myself, and I. I would simply say that the Ego was dissolved. Most of us have a constant chatter or what many would call the Monkey Mind. For Cornelius, his Monkey mind was replaced or superseded by what I would call the Higher Self.

Cornelius also hasn't had one subconscious thought since that day only pure stillness or Mushin - a mind with no mind. Through a perplexing series of unfolding events following his quantum superposition, Cornelius discovered newfound abilities, including his continuous connection with Consciousness and a gift for healing for others.

While healing his wife of her 11-year crippling condition called Vulvadynya, Cornelius was shown a vision and he then, despite being severely dyslexic, he speed wrote/channeled his life story in just eleven days, guided by the Collective Consciousness. And by doing so he was able to share the knowledge he gained from his consciousness awakening along with what he now is experiencing every day.

I found the first 75% of the book to be difficult reading because I felt like I was right there experiencing some of those things with him, although I would say I never had the kind of abuse that he had, however reading some of the abuse brought back some similar situations in my own childhood as it may for you as well.

Even though the book was difficult, by watching the interview with Kevin Moore you can witness Cornelius in action actually working on some of Kevin's issues during the second half of the video. I have watched Kevin Moore dozens of times interviewing other channelers and it seems he's always looking for advice from what these channelers might bring through, mostly not very successfully, however, in this instance working with Cornelius, I think he actually had a breakthrough. So I would conclude that Cornelius is the 'real deal' and therefore I would definitely recommend reading his book! Also I would definitely suggest watching the interview on YouTube to give you a full perspective if you're interested in experiencing more.

Cornelius also has a website where you can work with him directly or in a group venue. I think this is a real find and I feel he will definitely help a lot of people. Get the book on Amazon: [ONEO: Enlightenment of Eternal Life, The Acceptance of I, and One With Yourself](#)

And here's the link to the video with Kevin Moore. Meet Cornelius Who Channels Pure Consciousness With No Inner Voice Or Ego | [EPISODE 106](#).